



California Institute of Integral Studies

Please take a moment to review these newsletter submission guidelines before sending your content. Although the information you provide will be reviewed and may be edited by the newsletter editor, please make sure your article is publication-ready.

For Alumni Spotlight and Student Highlight:

- One high resolution image, as jpg or png (around 264 px)
- Text: between 80-120 words, up to 180 words if necessary
- Content may be about recent accomplishment(s) and/or reflections on your experiences in your TID program. You may include a link or two.

For Faculty Highlight and News:

- One high resolution image, as jpg or png (around 264 px)
- Text: between 80-120 words, up to 180 words if necessary

Recommendations for Featured Conference or Webinar:

- A web link to the conference and 2-4 sentence description.

Film or Book or YouTube channel or Podcast recommendation:

- One image (jpg or png, 564 px or less) or link.
- Very short synopsis.

Soul Food poem:

- Title, author, poem, include a web link to the poem

Note: Submitting a recommendation does not guarantee publication in The Buzz. Publication decisions are made based on space, appropriateness, editing requirements, and other considerations. Some submissions may be held for later issues.