Homeless Prenatal Program

www.homelessprenatal.org

CIIS Virtual Practicum Fair

Our Mission

In partnership with our families, break the cycle of childhood poverty.

Purpose & Philosophy

By seizing the motivational opportunity created by pregnancy and parenthood, HPP joins with families to help them recognize their strengths and trust in their capacity to transform their lives.

Homeless Prenatal Program is a nationally recognized Family Resource Center in San Francisco. We serve about 4,000 low income families annually, providing a variety of programs and services to help families become healthy, stable and self sufficient.
Some of our Programs:

“Bringing Families Home”, a federally funded program supporting the approach of Housing First which offers permanent, affordable housing for families experiencing a variety of challenges. HPP provides necessary case management services to support the families needs.

“Family Treatment Court”, and “Keeping Families Together” which offer intensive case management to families with child welfare involvement due to substance-use related concerns. Services focus on linkages and advocacy for clients.

“New Beginnings” case management services to pregnant women and transitional age youth who would like support with pregnancy, substance use, family violence or other needs.

“Wellness” offers prenatal classes, postpartum support, lactation consultation, groups for babies/toddlers and caregivers among others.

Mental Health services are provided to clients referred by the different teams in the agency.

Practicum

All trainees need to be at the Agency on Tuesdays when Group Supervision, Didactic Training, take place every week. In addition, on the first Tuesday of each month HPP has a Staff Meeting attended by the entire agency from 9 to 10:30am

Trainees are expected to be at HPP between 16 and 20 hours. Most trainees accomplish this by dedicating two days and half at the agency: Tuesday, plus another day and a half when Individual Supervision, client work, documentation, and some collaboration with other providers take place.

A typical case load is between 6 to 8 clients that are referred for mental health services by the agency teams.
Trainees will be assigned a **Primary and Secondary Individual Supervisor**. The student will meet with the primary supervisor weekly for one hour, and with the secondary supervisor every other week also for one hour. **Group Supervision** is weekly for one hour and a half. We provide individual and group supervision in English and Spanish for Trainees who are working with Spanish speaking clients.

**Didactic Training** is structured in modules: First modules are dedicated to learning HPP systems, policies, procedures. These are followed by training on Assessment and Progress Notes. Afterwards, we have modules on Trauma, Child Protective Services, Domestic Violence, Substance Use, Perinatal Mood Disorders, Attachment, among others.

Trainees will provide **individual psychotherapy** to adults. Orientation is Psychodynamic, Trauma and Attachment focus, Strengths based.

It is important for the Trainees' **success** to advocate for themselves, to ask questions, to share thoughts, to collaborate with others, and specially to be willing to develop self reflection, a fundamental part of becoming a therapist.

At the present time the biggest **challenge** for Trainees is the need to work remotely not only with other interns, supervisors, and agency providers, but also with clients. Other challenges are client engagement, and documentation which requires close attention.

We certainly hope that soon we all can go back to some kind of “normality”, and wish to be able to work together in person at HPP with staff, and our clients. HPP is located in a great building that holds wonderful staff!

**Documentation** needed for Practicum application:
Curriculum Vitae
Letter of interest
2 letters of recommendation by people familiar with your clinical work.

Please send documentation to: jeannetteeisen@homelessprenatal.org
Documentation must be in by March 15/2021