OUR SERVICES

CASE MANAGEMENT SERVICES: Ongoing support for families facing various challenges related to poverty including domestic violence, substance use, parent-child-separation and immigrant status.

WELLNESS CENTER: Prenatal Education classes, alternative health services, post-partum and parenting groups, with a specialized program for women with high-risk pregnancies.

HOUSING ASSISTANCE PROGRAM: Limited, short-term financial assistance and workshops that help families obtain safe and stable housing.

MENTAL HEALTH SERVICES: Individual psychotherapy

COMMUNITY HEALTH WORKER (CWH) APPRENTICESHIP PROGRAM: A 16 month paid training program offered to former clients and other members of the community.

FAMILY ECONOMIC SUCCESS PROGRAM: Tax preparation services, one-on-one financial education support, as well as support in accessing public benefits.

EMERGENCY SUPPORT OF BASIC NEEDS: Assistance with food, clothing, diapers, baby and children’s items, hotel and transportation vouchers in crisis situation.

The Homeless Prenatal Program is a nationally-recognized family resource center in San Francisco that empowers housing-insecure and low-income families, particularly mothers motivated by pregnancy and parenthood, to find within themselves the strength and confidence they need to transform their lives. The agency serves 3,500 families annually, providing a variety of programs and services to help families become healthy, stable and self-sufficient.
The Mental Health Internship program focuses on providing high-quality training to Marriage and Family Therapists, Social Work, and Psychology practicum students in a client centered, trauma-informed, strengths-based community resource agency.

As a team, at the Homeless Prenatal Program, we provide free-of-charge bilingual (English and Spanish) psychotherapy to housing-insecure, low-income pregnant women and families with young children in San Francisco. Our work forms part of a latticework of wrap-around services, including: intensive case management, classes and a Community Health Worker Training program. All of these services are designed to help our clients grow the strength and confidence within themselves to transform their lives.

Our clinical staff includes two licensed MFTs and one Psy.D. All trainees will have the opportunity to be supervised in English or Spanish, depending on language preference.

Trainees/interns will have the opportunity to provide to individual adults trauma-informed, attachment-focused psychotherapy and clinical case management. Additionally, trainees/interns will have an opportunity to co-facilitate a group, such as a post-partum mental health, parenting, or domestic violence support group. The program is approximately ten months in length.

Trainees and interns will work closely with case managers and other staff members in order to provide comprehensive services to our clients.

**TRAINERS**
Second year MFT Trainees, MFT Interns, Psy.D practicum students, Associate Social Workers.

Bilingual English-Spanish clinicians are strongly encouraged to apply.

**EXPECTATIONS**
- Training year begins in September, ends in June
- Caseload of 6 – 10 clients per week
- Co-facilitate a group (optional)
- Staff meetings on Tuesday mornings
- Didactic training, charting

**SUPERVISION**
- 1 hour per week of Individual Clinical Supervision
- 90 minutes of Group Supervision.

**TRAININGS (AMONG OTHERS)**
- Crisis intervention/Safety Planning
- Trauma Informed Treatment
- Post Partum Depression
- Attachment
- Culture and Race in Psychotherapy
- Case Conceptualization

Trainees will also have the opportunity to attend agency wide trainings, retreats and activities.

**APPLICATION**
Each application should include a letter of interest, Curriculum Vitae and two letters of recommendation by people familiar with applicants clinical work.

Please contact: Jeannette Eisen, jeannetteeisen@homelessprenatal.org