

CONTACT

For additional information regarding our community based mental health programs, please contact:

Annya Shapiro, LMFT

Behavioral and Mental Health Director

Tel: 650 - 877 - 5721

FAX: 650 - 877 - 5701

Email: c_ashapiro@smcgov.org

COUNSELING SERVICES

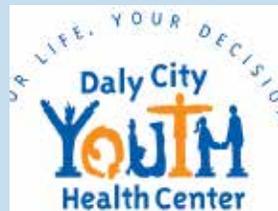
The DCYHC Behavioral Health Counseling Services Department provides individual, family, couples, and group counseling to an average of 70 youth a month at DCYHC and several JUHSD high schools. Most of our youth are dealing with bullying, reproductive health issues, stress, anxiety, abuse, substance use, truancy, depression, family and relationship conflicts. Often times the youth will come in with their parents or partners to work out their conflicts. Our comprehensive system allows for our clinic's primary health care providers to seamlessly refer patients to our onsite counselors.

"As a student, we are told that we matter constantly; however it is hard to find concrete evidence for youth to believe it. The Youth Health Center provides support and compassion for youth who may not find it elsewhere."

– Geraldine Mack, Oceania HS graduate & first generation college student

"The staff made a huge impact. They made something intimidating not that intimidating. It is scary to navigate the medical world. Especially if you don't have parents to rely on."

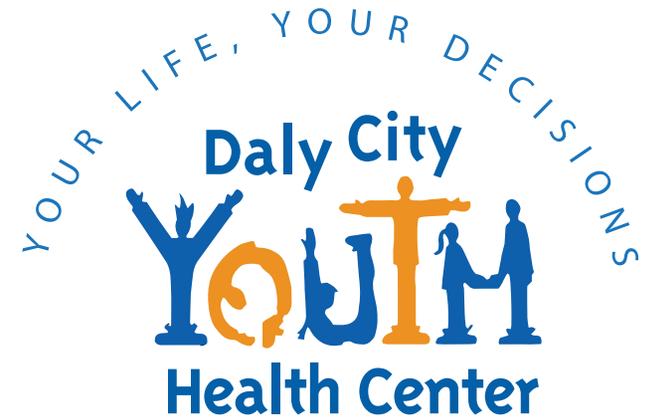
– Christina Christenson, Administrative staff and former patient



Daly City Youth Health Center
350 90th Street 3rd Floor
Daly City, CA 94015

P: 650-877-5700
E: 650-877-5701

www.dalycityyouth.org



**A collaborative program of
the Jefferson Union High
School District and the San
Mateo Medical Center**



INTRODUCTION

For the last 30 years, Daly City Youth Health Center has helped over 55,000 teens and young adults, living in Daly City, Broadmoor, Pacifica, Colma, Brisbane, South San Francisco and San Bruno. We are a community wellness center providing excellent primary health care, counseling services and comprehensive sexual health education for youth.

WHO WE ARE

DCYHC is a school linked program of the Jefferson Union High School District (JUHSD), with year-round health and youth development programming for in and out of school youth and young adults ages 6-24. Our clinic is a satellite facility of the San Mateo Medical Center (SMMC).

MISSION

Daly City Youth Health Center provides safe, respectful, comprehensive health to underserved teens and young adults, preparing them for a healthy adulthood.

We believe in the potential of all young people. And with a little bit of help and guidance, they can make smart decisions that set them on track for a healthy and productive life.

Caring for youth. That's what we do.

In an accepting, culturally sensitive environment, we provide top notch, integrated health services for uninsured and under-insured 6-24 year-olds in San Mateo County.

Our unique partnership with San Mateo County Health System and Jefferson Union High School District unites comprehensive services and vital access to school sites.

Meeting youth where they are

Coordinating services between preventative, primary and behavioral health care via an "under one roof" approach.

Bringing services to school campuses to remove barriers for youth to take responsibility for their health.



OUR TRAINEESHIP PROGRAM

- At DCYHC we offer an intensive training program that has been in existence for over 27 years.
- We aim to support, nurture and train new therapists to become confident, effective, and well rounded.
- Training in diagnosis, Medi-Cal documentation and billing, treatment planning and administering comprehensive strengths-based psychosocial assessments (CANS).
- Outstanding supervision and training.
- Group and individual supervision are conducted weekly.
- Trainees gain everything they need to place them in the market, boasting a clinical ID with the County, a working knowledge of Medi-Cal and the city's Avatar database, and key experience employers regularly look for.
- Trainship commitments run yearly from mid August to mid June. Caseloads run September through May with an opportunity to extend traineeship throughout the summer.
- \$1,000.00 Stipend