ABOUT US
Founded in 1975, we’re pioneers in our field and the most experienced hospice provider in the Bay Area. We provide quality care to help you face the end of life with dignity and comfort.

SUPPORT OUR MISSION
As a non-profit organization, our counseling services are supported in part by tax-deductible donations from community members.

RESOURCES
The following materials are available, free of charge. Please call to request a copy or view them on our website.

- Coping with Loss when a Loved One Dies
  Available in English or Spanish
- Helping Children Cope with Loss
- Coping with Grief and Loss during the Holidays
- Teen Grief Book: This innovative workbook was written with the help of grieving teenagers and includes the activities they found most useful in coping with the loss of a loved one.
- List of Books for Grieving Adults, Parents & Grandparents
- List of Books for Grieving Children & Teens

TALK TO US
You can call anytime for your own peace of mind. We appreciate your curiosity and are happy to answer your questions.

www.hospicebythebay.org
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Marin County
17 East Sir Francis Drake Boulevard
Larkspur, CA 94939
Main (415) 927.2273
Grief Counseling (415) 526.5699

San Francisco & San Mateo Counties
180 Redwood Street, Suite 350
San Francisco, CA 94102
Main (415) 626.5900
Grief Counseling (415) 526.5699

Sonoma County & the cities of American Canyon, Napa & Vallejo
Main Office
355 West Napa Street, Suite B
Sonoma, CA 95476
Main (707) 935.7504
Sonoma Counseling Office
922 First Street West
Sonoma, CA 95476
Grief Counseling (707) 931.7299

Hospice by the Bay is a non-profit, 501(c)(3) corporation.

Affiliation
Hospice by the Bay and University of California San Francisco formed an affiliation in April 2015 to provide the highest quality of care to patients receiving hospice and community based palliative care services while supporting patient families. Together, we will continue to respond to the evolving needs of healthcare in the communities we serve.

Hospice by the Bay complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Hospice by the Bay cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. ATENCION: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (415) 927.2273, TDD 711.

Hospice by the Bay 遵守適用的聯邦民權法律規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (415) 927.2273，TDD 711.
Grief is a natural response to loss. Our grief counselors offer comfort and support to families, caregivers and community members who are anticipating or coping with the loss of a loved one.

Everyone experiences grief in their own way. We create a confidential, safe place where you can feel comforted and understood, while learning to manage the changes and challenges that come with all types of loss – illness, age, sudden or accidental death, suicide, child or pregnancy loss.

INDIVIDUAL & FAMILY COUNSELING
One-on-one counseling allows you to privately explore feelings, understand your responses to grief, and empowers you to make positive changes in your situation. We can also help couples or families learn how best to support each other after a shared loss.

SUPPORT GROUPS
Talking with others who share a similar sense of loss offers emotional support and connection and eases feelings of isolation. Led by a grief counselor, our groups offer you time to express feelings, learn how others cope with loss and better understand the grief process.

Our six or eight week groups include parental, spousal or partner loss, as well as special topics such as getting through holidays or loss of a pet. Current groups are listed on our website.

YOUTH GRIEF SUPPORT PROGRAM
Young children and teenagers can be deeply affected by the loss of someone close to them. However, they grieve differently than adults and need specialized support and care.

Our youth counselors are trained to support the needs of children and teens. We work with ages 5 to 17, using age-appropriate family, individual and group counseling activities including art therapy, symbolic play and grief education.

By the Bay Camp™ – Grieving youth find comfort and care at our FREE annual grief support weekend for ages 7 to 17. By the Bay Camp mixes healing therapy and traditional camp activities. For more information and to apply for camp, visit our website: www.hbtb.org/bythebaycamp.

SERVICES OF REMEMBRANCE
These well-loved community gatherings honor loved ones who have died by sharing comforting messages, music and ritual. For the dates of upcoming services in Marin, San Francisco and Sonoma counties, visit the calendar on our website.

COMMUNITY CRISIS SUPPORT & GRIEF EDUCATION
When a death impacts a school, workplace or community, contact us for an on-site counseling visit to provide group grief support. Our counselors can also customize presentations to help teachers, students, social workers, health care professionals, business owners and community members understand the grief process and support others who are grieving.

PAYMENT FOR GRIEF COUNSELING
Some services are free of charge for family members of Hospice by the Bay patients. Counseling is also available to community members of all ages on a sliding-fee scale.

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