Internship Candidate,

Alameda Family Services’ (AFS) School Based Services Program provides counseling services on school campuses in the Alameda Unified School District (AUSD). AFS has a long history of collaborating with AUSD dating back to 1993, stemming from an effort to minimize barriers to access. Counseling services have and continue to take place during school hours (8-4) and at no-cost to the youth and families.

School based trainees will be placed at one of the 15 elementary, middle, or high school sites, where they will gain clinical experience providing individual and group therapy services to youth. As an integrated member of the school community, the trainee may also provide collateral and case management services with family and school staff to support student success. Trainees will develop in-depth knowledge and direct practice of working within a school system by gaining exposure to processes such as the Coordination of Services Teams (COST) and Student Study Teams (SST). Trainees may also provide crisis intervention work at the schools, such as risk assessments and safety planning.

Supervisors work closely with trainees to assure they can reach the client hours desired, while also supporting workload expectations and individual growth. Typically, trainees carry a caseload of 4-8 clients, as well as experience facilitating 2-4 groups. Common clinical issues trainees will address include trauma, self-regulation, grief and loss, anxiety, social issues, as well as sadness and stress. Although independent on a school site, trainees will have on-going support with their clinical supervisor and staff therapists. Trainees will receive 1 hour of individual supervision and 2 hours of group supervision per week.

Our supervisors are rooted in a variety of different theoretical orientations to support trainee growth and development as a school therapist. Onsite trainings are regularly scheduled throughout the year and are focused on a variety of topics that directly relate to serving students and their families.

In addition to ongoing supervision and support, all trainees will participate in a comprehensive orientation that will cover the Program model, population served, crisis protocols, and our approach to school based mental health services.

Applications must include a resume and a cover letter. Deadline: 2/26/21

Please feel free to reach out if you are interested in applying or learning more. schoolbasedinfo@alamedafs.org

Kale Jenks
Program Director
School Based Services