



California Institute of Integral Studies

Master of Arts (MA) in East-West Psychology

Program Learning Outcomes – EWP MA

1.0 To have a critical understanding of the main contemporary approaches to the Eastern, Western, and indigenous encounter in psychology and spirituality -

- 1.1 Demonstrate foundational knowledge in at least three East-West psychological approaches (e.g., transpersonal psychology, depth psychology, consciousness studies) and several spiritual traditions (e.g., Advaita Vedanta, Buddhism, shamanism).
- 1.2 Demonstrate in-depth knowledge in a selected area of specialization within East-West studies.
- 1.3 Describe, analyze, critique, compare, and integrate knowledge from a variety of Eastern, Western, and indigenous psychological and spiritual traditions.
- 1.4 Apply critical thinking in relation to basic issues of East-West cross-cultural hermeneutics, such as orientalism, universalism, or pluralism.

2.0 To become competent in a variety of dialogical, writing, inquiry, and socially engaged skills

- 2.1 Practice respectful dialogue and fruitful collective and collaborative inquiry.
- 2.2 Apply East-West psycho-spiritual perspectives to one or more socially engaged pursuits (e.g., community activism, ecopsychology, spiritual counseling).
- 2.3 Write academic papers integrating scholarly sources with their own embodied perspectives and informed opinions.
- 2.4 Incorporate somatic, vital, emotional, imaginal, and spiritual experience and knowledge in their scholarly approach to the academic content of the program.

3.0 To understand the dynamics of psycho-spiritual development and their relevance for personal growth

- 3.1 Demonstrate knowledge of main psycho-spiritual developmental models, issues, and processes.
- 3.2 Show proficiency in the practice of at least one psycho-spiritual discipline.
- 3.3 Apply psycho-spiritual understanding to theirs and others' personal development.

4.0 To be prepared to work professionally as college teachers, writers, consultants, workshop leaders, spiritual counselors, social change activists, and/or community organizers

4.1 Demonstrate professional skills corresponding to their chosen career path.

4.2 Design a concrete and sustainable professional plan.