Master of Arts (MA) in East-West Psychology

Program Learning Outcomes – EWP MA

1.0 To have a critical understanding of the main contemporary approaches to the Eastern, Western, and indigenous encounter in psychology and spirituality -

1.1 Demonstrate foundational knowledge in at least three East-West psychological approaches (e.g., transpersonal psychology, depth psychology, consciousness studies) and several spiritual traditions (e.g., Advaita Vedanta, Buddhism, shamanism).

1.2 Demonstrate in-depth knowledge in a selected area of specialization within East-West studies.

1.3 Describe, analyze, critique, compare, and integrate knowledge from a variety of Eastern, Western, and indigenous psychological and spiritual traditions.

1.4 Apply critical thinking in relation to basic issues of East-West cross-cultural hermeneutics, such as orientalism, universalism, or pluralism.

2.0 To become competent in a variety of dialogical, writing, inquiry, and socially engaged skills

2.1 Practice respectful dialogue and fruitful collective and collaborative inquiry.

2.2 Apply East-West psycho-spiritual perspectives to one or more socially engaged pursuits (e.g., community activism, ecopsychology, spiritual counseling).

2.3 Write academic papers integrating scholarly sources with their own embodied perspectives and informed opinions.

2.4 Incorporate somatic, vital, emotional, imaginal, and spiritual experience and knowledge in their scholarly approach to the academic content of the program.

3.0 To understand the dynamics of psycho-spiritual development and their relevance for personal growth

3.1 Demonstrate knowledge of main psycho-spiritual developmental models, issues, and processes.

3.2 Show proficiency in the practice of at least one psycho-spiritual discipline.

3.3 Apply psycho-spiritual understanding to theirs and others' personal development.

4.0 To be prepared to work professionally as college teachers, writers, consultants, workshop leaders, spiritual counselors, social change activists, and/or community organizers
4.1 Demonstrate professional skills corresponding to their chosen career path.

4.2 Design a concrete and sustainable professional plan.