East-West Psychology
With knowledge and practice, realize your aspirations.

**A pioneer in integrative teaching and learning, CIIS is known for the following:**

- Nationally and internationally recognized professors who expand the traditional boundaries of learning in their classes and scholarship. Study with faculty members who are committed to integrating, with academic rigor, diverse perspectives, and multiple ways of knowing.
- Leading-edge graduate programs in the School of Professional Psychology & Health and the School of Consciousness and Transformation.
- A unique School of Undergraduate Studies that features a Bachelor of Arts Completion (BAC) program offered on weekends in a cohort format. The BAC program enables students with previously earned college credit to earn an undergraduate degree in Interdisciplinary Studies.
- Online graduate programs in the groundbreaking fields of Transformative Studies and Transformative Leadership that expand our borders beyond the Bay Area. Online students benefit from an international community of learners and their reflective interaction with one another.
- A dynamic and supportive learning community—the perfect incubator for innovative ideas and study. The personal attention of faculty and our small classes enable students to express themselves with confidence.
- Internships in the six award-winning CIIS counseling centers and affiliated sites located throughout San Francisco. Students learn by practice under the guidance of trained supervisors.

**Engaged and Innovative Community**
Creative, curious, mindful, and socially aware—these are just a few of the words that describe the people of CIIS. What sets us apart is how we put those characteristics to work. We're passionate about intellectual inquiry and disciplined in our practice. We engage fully with our studies, one another, and our communities. Above all, we're open to new learning experiences, and we draw on the opportunities CIIS offers us to transform the world.

**A Pioneering Vision**
In 1968, San Francisco was the scene of a national revolution in music, politics, culture, and self-awareness. That same year Professor Haridas Chaudhuri and his wife, Bina, established CIIS, developing an equally revolutionary approach to education. They envisioned an integral approach to higher education that drew on the inspiration of the renowned Indian philosopher Sri Aurobindo. Originally focused on the integration of Asian and Western studies, CIIS has grown to include programs that offer a broad array of multicultural perspectives. While expanding the range of its programs, CIIS has retained the intimacy of an academic community rare in U.S. higher education. At the intersection of global and personal responsibility, CIIS has been committed to fulfilling Professor Chaudhuri's vision: "Humankind can no longer be divided into exclusive segments so that the fortune of one will not affect the fortune of the other."

**Admissions**
We begin accepting applications for the spring semester in September and for the fall semester in November. It is highly recommended that you submit all application materials at least two weeks before the February 1 priority deadline in order to avoid delays in having your application reviewed. Applicants who apply by the fall priority deadline will be notified of the admissions decision by April 1, with enrollment deposits required by May 1. If you are mailing your application from outside the United States, mail it at least thirty days before the department deadline. Applications are accepted after the posted deadline on a space-available basis.

For information on application requirements, procedures for admissions, and program-specific application deadlines, or to complete an application online, please visit www.ciis.edu/admissions. Admissions counselors (415.575.6154, admissions@ciis.edu) are pleased to answer your questions.
East-West Psychology
MA, PhD, and Certificate Programs

Program Description
visit us online at
http://www.ciis.edu/ewp

Academic Years 2012–2014
California Institute of Integral Studies
1453 Mission Street, San Francisco CA 94103
415.575.6100  www.ciis.edu
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Contact the admissions counselor responsible for this program at www.ciis.edu/admissionsteam or visit our website: www.ciis.edu.
East-West Psychology MA, PhD, and Certificate Programs

About the Department

Founded in 1975, East-West Psychology (EWP) is a multidisciplinary department concerned with the meeting of Eastern, Western, and indigenous psychological and spiritual traditions. Through its unique combination of cognitive and experiential offerings, the department seeks to ground academic excellence and the acquisition of professional skills in both the personal transformation of students and the cultivation of a spiritually informed scholarship.

As an academic field, EWP constitutes a larger context for many disciplines that explore the interface of psychology and spirituality, including transpersonal and integral psychology, Asian psychologies, modern consciousness studies, participatory spirituality, depth psychology (Jungian, archetypal, and psychoanalytic), contemplative psychology, religious comparative studies, shamanic and indigenous studies, and ecopsychology. Approaching the encounter among Eastern, Western, and indigenous worldviews in the spirit of dialogue, mutual transformation, and open inquiry, we actively explore the practical implications and professional applications of this convergence for our diverse and multicultural world. This commitment also entails bridging psychospiritual growth with social, cultural, and ecological transformation.

The department offers a master’s program in EWP, a doctoral program in EWP, and a certificate program in East-West Spiritual Counseling, all of which are described below.

Educational Vision

The department of EWP is guided by and dedicated to the following educational ideals:

- To create a learning community focused on the exploration of Western, Eastern, and indigenous psychologies and spiritualities in the spirit of integral inquiry and open-ended dialogue
- To offer an integral education that honors not only intellectual excellence, but also the voice and wisdom of the somatic, vital, emotional, imaginal, and spiritual dimensions of the person
- To bring spirituality into academia and explore the transformative elements of inquiry, learning, and writing
- To foster the psychospiritual development of students, as well as their unique individual gifts and potentials

Integral Transformative Education

The department of EWP offers an integral transformative education that encourages students to engage in the twin tasks of the integration of knowledge and the integration of multiple ways of knowing.

The integration of knowledge concerns itself with building bridges between different fields of knowledge (for example, psychoanalysis and Buddhism). Additionally, at the doctoral level, it encourages the integration of various research methodologies (e.g., theoretical, phenomenological, narrative, and heuristic), standpoints (e.g., first-, second-, and third-person approaches to knowledge), and epistemologies (e.g., Eastern contemplative and Western scientific).

With the integration of multiple ways of knowing, students develop inquiry skills that engage a wide range of human faculties and experiences (e.g., somatic, emotional, vital, imaginal, intellectual, intuitive, spiritual). The acquisition of these skills is not only a catalyst for meaningful personal transformation, but also the foundation for both the elaboration of more holistic knowledge and the design of integral transformative approaches relevant to the needs of individuals and collectives in the contemporary world.

Collaborative Learning

Collaborative learning is central to the pedagogical experience in all the EWP programs. Depending on particular course objectives, this includes the appropriate use of dialogical inquiry, class presentations and small-group discussions, Web-based learning and networking tools, group assignments and cooperative inquiry, as well as group work in daylong retreats. Collaborative learning trains students in the shared construction of human knowledge, fosters emotional and interpersonal competence, and teaches how to enter into fruitful exchange with people holding different views. These skills translate into multiple professional settings.
Career Outcomes
The department prepares graduates to function as university professors, college teachers, scholars, writers, consultants, researchers, workshop leaders, spiritual counselors, entrepreneurs, social-change activists, and community organizers in a world that increasingly demands an integral perspective that encompasses the personal, interpersonal, cultural, ecological, and spiritual dimensions of human nature. In addition to helping students develop academic credentials for traditional teaching positions, the department supports students in envisioning creative applications of psychology outside academia and state licensure. Spiritual counseling and leadership, integral coaching, interreligious mediation, ecological activism, and organizational consulting are just a few of the potential fields for such creative work.

Professional Internships
The department provides students with a list of associated organizations in which professional internships are available: East-West Psychology Department Internship Opportunities. Internships are a means for students to gain practical experience in their chosen field in a supervised professional work environment and can be carried out as fieldwork up to a maximum of 6 units in both the MA and PhD degree programs.

EWP Scholarship Program
The department offers a scholarship program to support EWP students’ presentation of their ongoing work at professional conferences. To be eligible to apply for the scholarships, candidates need to present official notification that the conference’s organizing committee has accepted their presentation.

Master’s Program in East-West Psychology

About the MA Program
The MA in East-West Psychology is a two-year program requiring 36 units of study. The structure of the program is designed to provide an ample degree of flexibility that allows students to focus on specific areas of study, as well as to explore a variety of Western, Eastern, and indigenous approaches to psychology and spirituality. With the guidance of advisors, students design their own individualized curriculum and area of specialization, and they create a professional portfolio reflecting their most important work and career goals. There are no required summer courses, although students may take electives during the summer to expand their studies or distribute their course load over five or six semesters.

Core Requirements
EWP 6000: EWP Community Retreat
This is an off-campus retreat for all new MA and PhD students. Emphasis placed on community building, storytelling, interactive exercises, and interpersonal communication skills.

EWP 6001: Introduction to East-West Psychology
This course provides new students with an introduction to the field of East-West psychology, pedagogical approaches, and departmental standards of scholarship for both MA and PhD levels. Students become familiar with selected topics of the East-West-North-South encounter in psychology and spirituality.

EWP 6015: MA Integrative Seminar
Taken during their last semester of coursework, this seminar provides the opportunity for students to reflect on their learning experience in the program, to create a portfolio of their most important work, and to prepare future professional goals.
East-West Psychological Approaches
Three courses are chosen from the following East-West psychological approaches: depth psychology, transpersonal psychology, East-West spiritual counseling, and ecopsychology.

Depth Psychology
Depth psychology is concerned with the totality of the psyche, the relationship between the conscious and unconscious mind, the ego and the self, and the spiritual and religious nature of the psyche. Depth psychological approaches include Jungian and post-Jungian schools of thought, archetypal psychology, and the psychoanalytically based schools of object relations, self-psychology, and interpersonal psychology. Depth-oriented feminist psychology and expressive arts also fall under this rubric. Many courses in this area of study take into consideration Eastern wisdom in relation to the particular school of psychology being studied.

Transpersonal Psychology
Transpersonal psychology is concerned with the study of experiences and ways of being that transcend the limits of egoic identity, as well as with their psychological, philosophical, and social implications. Courses include topics such as classical and contemporary transpersonal paradigms, philosophy of transpersonal psychology, transpersonal developmental theories, comparative mysticism, transpersonal approaches to sexuality and relationships, transpersonal psychotherapy, spiritual epistemologies, social implications of transpersonal studies, and advanced seminars focused on the field’s contemporary developments.

East-West Spiritual Counseling
East-West spiritual counseling explores the meaning and purpose of spiritual counseling and the ways in which it complements, coincides with, and differs from psychological counseling. Courses explore the integration and use of Eastern and Western psychospiritual models of being in the spiritual counseling process; the counselor’s own values, beliefs, and practices; and the ways in which they influence the process of spiritual counseling.

Ecopsychology
Ecopsychology courses explore the relationship between the human mind and the natural world, as well as its implications for individual, social, cultural, and ecological harmony and wholeness. Ecopsychology is situated at the intersection of a number of fields of inquiry, including environmental philosophy, psychology, and ecology, but is not limited by any disciplinary boundaries. Courses cover topics such as planetary psychology, living systems theory, ecospirituality and creative expression, and wilderness rites of passage.

Spiritual Traditions
Students choose two out of three foundational courses (Eastern Theories of Self, Mind, and Nature; Western Mystical Traditions; and Indigenous and Shamanic Traditions), and optionally deepen their knowledge by selecting from the ample course offerings on spiritual traditions in EWP or other departments.

Psychospiritual Practice
Requirements can be met in the form of 1-, 2-, or 3-unit courses or workshops. Psychospiritual practice courses include Eastern (e.g., Advaita Vedanta, t’ai chi ch’uan), Western (e.g., Christian contemplative techniques, kabbalah), and indigenous disciplines (e.g., wilderness rites of passage, shamanism); contemporary participatory spirituality (e.g., embodied spiritual inquiry, holistic sexuality); and socially engaged practices and service learning (e.g., the course Spirit, Compassion, and Community Activism).

Electives
Electives can be used to gain either depth through an area of specialization or breadth in different areas of interest. In addition to the East-West Psychological Approaches and other areas of study available at the Institute, students can create specializations in areas such as Shamanic Studies or Consciousness Studies.

MA Integrative Seminar and Portfolio
The MA Integrative Seminar is designed to give students an opportunity to integrate what they have learned over their course of study in the EWP master’s program, to enable them to reflect on their course of action after completing their degree, and to provide the student with tools and techniques that will be helpful in
accomplishing their future endeavors. Students are guided in the compilation of a portfolio, which includes their curriculum vitae, two papers of publishable quality, and an individually tailored set of documents or activities, depending on their personal and professional goals. These might include a brochure or flyer, business cards and stationery, the creation of a syllabus for a course offering, a PowerPoint presentation, the design of a workshop, the draft of a presentation at a conference, and/or a simulated teaching experience.

**MA Program Curriculum—36 units**

I. **Core Requirements—3 units**

   - EWP 6000   EWP Community Retreat
   - EWP 6001   Introduction to East-West Psychology
   - EWP 6015   MA Integrative Seminar

II. **Directed Electives—18 units**

A. **East-West Psychological Approaches—9 units**

   Students choose three foundational courses from within three of the following four approaches:

1. **Depth Psychology**
   - a. Foundational Courses:
     - EWP 6048   Deep Psychology
     - EWP 7311   Jungian Psychology and East-West Spirituality
   - b. Electives
     Select from among the following:
     - EWP 6248   Archetypal Mythology
     - EWP 6544   Alchemy as Gnosis of Nature, Elements, and Landscapes
     - EWP 7731   Dreaming the Soul: Dancing the Dream—A Jungian Dream Catcher
     - PARP 7008   James Hillman and Archetypal Psychology: An Introduction

2. **Transpersonal Psychology**
   - a. Foundational Course:
     - EWP 6752   Transpersonal Psychology
   - b. Electives
     Select from among the following:
     - EWP 6230   Psychology of Consciousness: An Integral Approach
     - EWP 6231   Psychology of Spiritual Awakening
     - EWP 6288   Contemporary Transpersonal Theory: The Participatory Turn
     - PARP 7400   Psyche and Spirit: From the Psychology of Religion to Transpersonal Theory

3. **East-West Spiritual Counseling**
   - a. Foundational Courses:
     - EWP 7792   East-West Spiritual Counseling
     - EWP 7793   Spiritual Counseling Skills
   - b. Electives
     Select from among the following:
     - EWP 6011   Nondual Perspectives in Spiritual Counseling
     - EWP 6261   The Psychology of Death and Dying: An East-West Exploration
     - EWP 7592   Nonduality and the Self
     - EWP 7606   Integral Psychology

4. **Ecopsychology**
   - a. Foundational Courses:
     - EWP 6108   Ecopsychology: Foundations, Applications, Frontiers
     - EWP 6131   Planetary Psychology
   - b. Electives
     - EWP 6107   Ecopsychology and Expressive Arts
     - EWP 6112   Wilderness Rites of Passage
     - EWP 6117   Ecospirituality and Creative Expression
     - EWP 6133   Science and Living Systems
B. Spiritual Traditions—6 units
Select two courses from the following:
EWP 6051 Eastern Theories of Self, Mind, and Nature
EWP 6074 Western Mystical Traditions
EWP 6496 Indigenous and Shamanic Traditions

C. Psycho-Spiritual Practice—3 units
EWP 6153 Evolution of Consciousness: An Embodied Inquiry
EWP 6204 The Body in the Transformation of Consciousness
EWP 6205 Embodied Spiritual Inquiry
EWP 6219 Integrating Sex and Spirit
EWP 7515 Holistic Sexuality
PARP 6800 Integral T’ai Chi
CT 7585 Spirit, Compassion, and Community Activism

III. Electives—15 units
Students optionally create an area of specialization in one of the EWP approaches (above) or another area of study—for example:
A. Shamanic Studies
EWP 6274 The Indigenous Practice of Poetic Participation
EWP 6496 Indigenous and Shamanic Traditions
EWP 6499 Shamanic Counseling: An Integration of Psychotherapy and Shamanism
EWP 6537 Entheogenic Shamanism
EWP 7011 Indigenous Traditions: Ancestral Consciousness and Healing
PARA 7200 Buddhism Meets Shamanism

B. Consciousness Studies
EWP 6153 The Evolution of Consciousness: An Embodied Inquiry
EWP 6204 The Body in the Transformation of Consciousness
EWP 6230 The Psychology of Consciousness: An Integral Approach
EWP 6261 The Psychology of Death and Dying
PARP 6282 Implications of Modern Consciousness Research
TSD 6235 Integral Approaches to Dreams

MA Learning Goals and Objectives
Upon completion of the MA in East-West Psychology, graduates will be able to:

Goal 1. Have a critical understanding of the main contemporary approaches to the Eastern, Western, and indigenous encounter in psychology and spirituality.
Objective 1. Demonstrate foundational knowledge in at least three East-West psychological approaches (e.g., transpersonal psychology, depth psychology, consciousness studies) and several spiritual traditions (e.g., Advaita Vedanta, Buddhism, shamanism).
Objective 2. Demonstrate in-depth knowledge in a selected area of specialization within East-West studies.
Objective 3. Describe, analyze, critique, compare, and integrate knowledge from a variety of Eastern, Western, and indigenous psychological and spiritual traditions.
Objective 4. Apply critical thinking in relation to basic issues of East-West cross-cultural hermeneutics, such as orientalism, universalism, or pluralism.

Goal 2. Be competent in a variety of dialogical, writing, inquiry, and socially engaged skills.
Objective 1. Practice respectful dialogue and fruitful collective and collaborative inquiry.
Objective 2. Apply East-West psycho-spiritual perspectives to one or more socially engaged pursuits (e.g., community activism, ecopsychology, spiritual counseling).
Objective 3. Write academic papers integrating scholarly sources with their own embodied perspectives and informed opinions.
Objective 4. Incorporate somatic, vital, emotional, imaginal, and spiritual experience and knowledge in their scholarly approach to the academic content of the program.

Goal 3. Understand the dynamics of psycho-spiritual development and their relevance for personal growth.
Objective 1. Demonstrate knowledge of main psycho-spiritual developmental models, issues, and processes.
Objective 2. Show proficiency in the practice of at least one psycho-spiritual discipline.
Objective 3. Apply psycho-spiritual understanding to theirs and others’ personal development.

Goal 4. Be prepared to work professionally as college teachers, writers, consultants, workshop leaders, spiritual counselors, social change activists, and/or community organizers.
Objective 1. Demonstrate professional skills corresponding to their chosen career path.
Objective 2. Design a concrete and sustainable professional plan.
## MA Full-Time Sample Schedule

Duration: Two years of coursework

Note: Students with insufficient background in psychology may be required by the EWP Admission Committee to take additional courses as prerequisites to the MA.

### Sample: Emphasis on Spiritual Counseling/Shamanic Studies

<table>
<thead>
<tr>
<th>Semester</th>
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<th>Course Title</th>
<th>Units</th>
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<tr>
<td><strong>Fall I</strong></td>
<td>EWP 6000</td>
<td>EWP Community Retreat</td>
<td>1 unit</td>
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<tr>
<td></td>
<td>EWP 6001</td>
<td>Introduction to East-West Psychology</td>
<td>1 unit</td>
</tr>
<tr>
<td></td>
<td>EWP 6496</td>
<td>Indigenous and Shamanic Traditions</td>
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<td></td>
<td>EWP 6752</td>
<td>Transpersonal Psychology</td>
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<td><strong>Spring I</strong></td>
<td>EWP 6051</td>
<td>Eastern Theories of Self, Mind, and Nature</td>
<td>3 units</td>
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<td></td>
<td>EWP 6499</td>
<td>Shamanic Counseling</td>
<td>3 units</td>
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<td>EWP 7792</td>
<td>East-West Spiritual Counseling</td>
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<td><strong>Fall II</strong></td>
<td>EWP 6117</td>
<td>Ecospirituality and Creative Expression</td>
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<td>EWP 6537</td>
<td>Entheogenic Shamanism</td>
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<td></td>
<td>EWP 7515</td>
<td>Holistic Sexuality</td>
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<td>EWP 7793</td>
<td>Spiritual Counseling Skills</td>
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<td><strong>Spring II</strong></td>
<td>EWP 6015</td>
<td>MA Integrative Seminar</td>
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<tr>
<td></td>
<td>EWP 6231</td>
<td>The Psychology of Spiritual Awakening</td>
<td>2 units</td>
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<tr>
<td></td>
<td>PARA 7200</td>
<td>Buddhism Meets Shamanism</td>
<td>3 units</td>
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<td></td>
<td>EWP 7311</td>
<td>Jungian Psychology and East-West Spirituality</td>
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</tr>
<tr>
<td></td>
<td>Total</td>
<td>Total Units</td>
<td>9 units</td>
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**TOTAL UNITS** 36 units
**Doctoral Program in East-West Psychology**

**About the PhD Program**

Students complete 36 units of coursework and write a dissertation. The program of study consists of a foundational course, research methods courses, research colloquia, advanced seminars, a student-designed area of specialization, two comprehensive exams, and a dissertation. Students focus on a specific area of study and develop methodological skills. They work closely with their advisor to design an individualized curriculum and participate in research colloquia to articulate their dissertation research project.

**PhD Program Curriculum**

**Core Requirements—2 units**

EWP 6000 EWP Community Retreat
EWP 6001 Introduction to East-West Psychology

**Research Courses—10 to 11 units**

**Requirements:**

- EWP 7034 Qualitative Research Methods (3 units)
- EWP 8510 Theoretical Research Methods (3 units)
- EWP 8100 Research Colloquium A (1 unit)
- EWP 8100 Research Colloquium B (1 unit)

(Research Colloquium B is used as PhD comprehensive exam)

**Choice of one of the following research methods courses:**

- EWP 6273 Ethnoautobiography as Indigenous-Based Research
- EWP 7300 Narrative Research (2 units)
- EWP 7815 Heuristic Research (2 units)
- EWP 7878 Phenomenological Research (2 units)
- EWP 9566 Comparative Mysticism (3 units)

**Or other research methodology course(s) cross-listed with other programs, such as:**

- PARA 7003 Methodologies in the Study of Spiritual Traditions (3 units)
- PARW 8012 Women’s Spirituality Research Methodologies (3 units)
- TSD 7057 Integral Methodology: Integral Methodological Pluralism (3 units)

**Advanced PhD Seminars—6 units**

**Two of the following:**

- EWP 9002 Contemporary Psychoanalysis and East-West Spirituality
- EWP 9003 Transformational Practices: Eastern, Western, and Indigenous
- EWP 9104 Principles of Healing
- EWP 9405 Contemporary Transpersonal Theory
- EWP 9406 Jung’s *Red Book*
- EWP 9411 Spiritual Counseling
- EWP 9431 Jung
- EWP 9566 Comparative Mysticism

(One seminar is used as a PhD Comprehensive Exam.)

**Area of Specialization Electives—16 to 17 units**

Possibilities include:

- Depth Psychology
- Transpersonal Psychology
- East-West Spiritual Counseling

Ecopsychology
Shamanic Studies
Consciousness Studies

(See MA program for descriptions and course listings.)
**Dissertation Seminar—0 units**
EWP 6900  Dissertation Proposal Completion
EWP 7900  Dissertation Seminar

**Alternative Multi-Paper Dissertation Format**
In addition to the standard format for doctoral dissertations, the Department of East-West Psychology allows for the use of an alternative format that consists of three peer-reviewed papers (two of which are to have been published or accepted for publication; the other is to be either published or accepted for publication, or under review) as the main basis for the dissertation. Students wanting to pursue the multipaper dissertation format are assessed by the faculty program committee on a case-by-case basis. As with the traditional dissertation, a dissertation proposal is submitted, a committee of three members is formed, and a dissertation defense is held according to existing policies.

**PhD Program Learning Goals and Objectives**
Upon completion of the PhD in East-West Psychology, and in addition to MA goals and objectives, graduates will be able to:

**Goal 1.**  Produce original scholarly works in the field of East-West psychology and spirituality.
- **Objective 1.** Demonstrate comprehensive knowledge and expertise in a selected area of specialization within East-West studies.
- **Objective 2.** Produce work that creatively and critically interprets, compares, integrates, applies, and/or evaluates knowledge from a variety of Eastern, Western, and indigenous psychological and spiritual traditions.
- **Objective 3.** Apply critical thinking in relation to basic and complex issues of East-West cross-cultural hermeneutics, such as orientalism, ethnocentrism, critical pluralism, insider/outsider perspectives, relativism, and/or incommensurability.

**Goal 2.** Carry out scholarly research with a methodology appropriate to their research interests.
- **Objective 1.** Design cogent, feasible, and methodologically rigorous research projects.
- **Objective 2.** Apply several qualitative and theoretical research methods (e.g., phenomenological, hermeneutic, heuristic, narrative, comparative) to their research interests.
- **Objective 3.** Carry out a complete research project that demonstrates professional methodological knowledge and skills.

**Goal 3.** Be competent in a variety of pedagogical, writing, and inquiry skills and be prepared to work professionally as university and college teachers, scholars, and writers.
- **Objective 1.** Present verbally their scholarly works and research projects with professionalism, clarity, precision, and creativity.
- **Objective 2.** Write original research papers and books according to professional scholarly standards.
- **Objective 3.** Incorporate somatic, vital, emotional, imaginal, and spiritual experience and knowledge into scholarly practices, such as research and writing.
PhD Full-Time Sample Schedule
Two years of coursework plus dissertation

Note: Students who do not have a background in East-West psychology are required to take up to 12 additional units of courses drawn from the EWP core courses and directed electives, minus equivalencies.

<table>
<thead>
<tr>
<th>Sample:</th>
<th>Emphasis on Ecopsychology / Transpersonal Psychology (plus 3 additional units from EWP core courses)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fall I</strong></td>
<td></td>
</tr>
<tr>
<td>EWP 6000</td>
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<td>EWP 6001</td>
<td>Introduction to East-West Psychology</td>
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<tr>
<td>EWP 6108</td>
<td>Ecopsychology: Foundations, Applications, Frontiers</td>
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<td>EWP 6117</td>
<td>Ecospirituality and Creative Expression</td>
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<tr>
<td>EWP 7034</td>
<td>Qualitative Research Methods</td>
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<tr>
<td>PARP 7400</td>
<td>Psyche and Spirit: From the Psychology of Religion to Transpersonal Theory</td>
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<td>EWP 9566</td>
<td>Advanced Seminar: Comparative Mysticism</td>
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<td>EWP 6112</td>
<td>Wilderness Rite of Passage</td>
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<td>EWP 6111</td>
<td>Planetary Psychology</td>
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<tr>
<td>PARA 7260</td>
<td>Ecology and Yoga</td>
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<td>EWP 6133</td>
<td>Living Systems Theory</td>
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<td>EWP 7878</td>
<td>Phenomenological Research</td>
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<td>EWP 8101</td>
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<tr>
<td>EWP 9405</td>
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<td>EWP 7900</td>
<td>Dissertation Seminar</td>
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</tbody>
</table>
### Sample Dissertation Topics

<table>
<thead>
<tr>
<th>Author</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Susana Bustos</td>
<td><em>The Healing Power of the Icaros: A Phenomenological Study of Ayahuasca Experiences</em></td>
</tr>
<tr>
<td>Martina Dannecker</td>
<td><em>Myogenic Transformations of Emotions: A Dialectical Inquiry into Western Psychotherapy and Buddhist Psychology</em></td>
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<tr>
<td>Rodney Davis</td>
<td><em>Stages of Spiritual Development</em></td>
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<tr>
<td>Christian Dombrowe</td>
<td><em>Touched by Spirit: A Heuristic Study of Healing Experiences in Peyote Ceremonies</em></td>
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<tr>
<td>Charles I. Flores</td>
<td><em>Integral Yoga Activism: An Exploration of its Foundational Elements and Practices</em></td>
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<tr>
<td>Glenn Hartelius</td>
<td><em>Participatory Empiricism: Toward a Phenomenological-Empirical Science for Human Psychology</em></td>
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<tr>
<td>Judith Kinst</td>
<td><em>Trust, Emptiness, and the Self in the Practice of Soto Zen Buddhism</em></td>
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<tr>
<td>Datri J. Kory</td>
<td><em>The Ecstasy of Intimacy: Cultivating Relationship as a Spiritual Path</em></td>
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<tr>
<td>Robert Matta</td>
<td><em>Couch and Compassion: A Phenomenological Study of the Psychoanalyst’s Experience of Compassion</em></td>
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<tr>
<td>Joseph A. Nathan</td>
<td><em>Courageous Heart: Healing in a Time of AIDS—A Narrative/Heuristic Study</em></td>
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<tr>
<td>Annette Odwazny Peterson</td>
<td><em>The Dynamic God Image: Psychoanalytic, Object Relational, Developmental, and Jungian Theories of God Image and Their Implications for Psychotherapy</em></td>
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<tr>
<td>Lotte H. Stein</td>
<td><em>Widowhood: From Grieving to Healing</em></td>
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<tr>
<td>Elisabetta Strada-Russo</td>
<td><em>The Nature and Application of Spiritual Care for the Dying: Perspectives from Mahayana Buddhism and the Western Hospice Training</em></td>
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<tr>
<td>Rochelle Suri</td>
<td><em>Meaningful Voices: A Phenomenological Exploration of Auditory Hallucinations in Individuals Diagnosed with Schizophrenia</em></td>
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<tr>
<td>Norio Suzuki</td>
<td><em>The Search for Resiliency: An Exploration of the Human Potential for Dignity in an Age of Crisis</em></td>
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<tr>
<td>David A. Trevealen</td>
<td><em>Meditation and Trauma: A Hermeneutic Study of Western Vipassana Practice from the Perspective of Somatic Experiencing</em></td>
</tr>
<tr>
<td>Tarakali Vanissar</td>
<td><em>Towards a Psychology of Unlearning Racism: A Case Study of a Buddhist Unlearning Racism Course for White People</em></td>
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</table>
Advanced Certificate Program in East-West Spiritual Counseling

The East-West Spiritual Counseling Certificate for health care professionals came into being to meet an emerging interest in spiritual counseling among mental health professionals and pastoral counselors of all faiths and spiritual paths, East and West.

About the Certificate Program
The East-West Spiritual Counseling Certificate is designed as a two-semester program consisting of 3 units of core courses and 15 of directed electives. The certificate provides mental health professionals and pastoral counselors with the foundational background and skills in East-West spiritual counseling. It enables therapists to broaden the scope of their practice to include the central role of spiritual and religious experiences and beliefs, and it teaches Eastern and Western meditative techniques and teachings that are helpful in bringing about a deep sense of well-being.

Certificate Program Curriculum
The certificate consists of 18 semester units spread over two consecutive semesters.

Note: Students can spread the coursework over four semesters as they weave the certificate requirements in with those of the MA or PhD degree. When the student enrolls in the certificate program, East-West spiritual counseling becomes the student’s area of doctoral (see “Dual Program Full-Time Schedule [Sample]” below).

Fall Semester
EWP 7791 East-West Spiritual Counseling (3 units) (or EWP 7793 Spiritual Counseling Skills)
EWP ____ Spiritual Counseling Directed Elective (3 units)
EWP ____ Spiritual Counseling Directed Elective (3 units)

Spring Semester
EWP ____ Spiritual Counseling Directed Elective
EWP ____ Spiritual Counseling Directed Elective (3 units)
EWP ____ Spiritual Counseling Directed Elective (3 units)

Sample Spiritual Counseling Electives
EWP 6011 Nondual Perspectives in Spiritual Counseling
EWP 6205 Embodied Spiritual Inquiry
EWP 6261 The Psychology of Death and Dying: An East-West Exploration
EWP 7311 Jungian Psychology and East-West Spirituality (3 units)
EWP 7515 Holistic Sexuality
EWP 7592 Nonduality and Self

Though a list of suggested spiritual counseling electives will be given each semester, students are free to choose electives they feel would be most beneficial to their practice.

Certificate Learning Goals and Assessment
After completing this program, participants will have the following:
• An understanding of the relationship between one’s spiritual “container” and psychological health
• A realization of the importance of bringing to consciousness the underlying spiritual assumptions that hold us
• Specific tools for facilitating the examination of spiritual assumptions
• A working knowledge of Eastern and Western spiritual teachings that can be transformative to people seeking spiritual counseling, regardless of spiritual orientation
• Development of the fundamental basis of their spiritual counseling practice
Dual PhD Program Full-Time Sample Schedule
Duration: Two years of coursework plus dissertation

Note: Students who do not have a background in East-West psychology are required to take up to 12 additional units of courses drawn from the EWP core courses and directed electives, minus equivalencies.

<table>
<thead>
<tr>
<th>Sample: Emphasis on Depth Psychology/Spiritual Counseling (plus 3 additional units from EWP core courses)</th>
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<tbody>
<tr>
<td><strong>Fall I</strong></td>
</tr>
<tr>
<td>EWP 6000 EWP Community Retreat 1 unit</td>
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<tr>
<td>EWP 6001 Introduction to East-West Psychology 1 unit</td>
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<tr>
<td>EWP 6219 Integrating Sex and Spirit 1 unit</td>
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<tr>
<td>EWP 7792 East-West Spiritual Counseling 3 units</td>
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<td>EWP 7034 Qualitative Research Methods 3 units</td>
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<td><strong>Total Units</strong></td>
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<td><strong>Spring I</strong></td>
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<tr>
<td>EWP 7311 Jungian Psychology and East-West Spirituality 3 units</td>
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<tr>
<td>EWP 7508 Jungian Dream Work and Expressive Arts 1 unit</td>
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<td>EWP 7793 Spiritual Counseling Skills 3 units</td>
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<td>EWP 8505 Theoretical Research Methods 3 units</td>
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<td><strong>Total Units</strong></td>
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<tr>
<td>10 units</td>
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<tr>
<td><strong>Fall II</strong></td>
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<tr>
<td>EWP 6011 Nondual Perspectives in Spiritual Counseling 3 units</td>
</tr>
<tr>
<td>EWP 7347 The Soul as Artist: Jungian Art Therapy 1 unit</td>
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<tr>
<td>EWP 7815 Heuristic Research 2 units</td>
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<tr>
<td>EWP 8100 Research Colloquium I 1 unit</td>
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<tr>
<td>EWP 9002 Adv. Seminar: Contemporary Psychoanalysis and East-West Spirituality 3 units</td>
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<tr>
<td>EWP 6237 Archetypal Mythology 3 units</td>
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<td>EWP 6556 Contemplative Psychology 3 units</td>
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<td>EWP 9431 Advanced Seminar: Jung 3 units</td>
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<td>EWP 8101 Research Colloquium II 1 unit</td>
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<tr>
<td>EWP 7900 Dissertation Seminar 0 units</td>
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</table>

**TOTAL UNITS**                                                                                         36 UNITS (+3)
Core Faculty
Craig Chalquist, PhD, has a MS in Marriage and Family Therapy from the California Lutheran University, and a PhD in depth psychology from the Pacifica Graduate Institute. His scholarly writing and teaching focuses on depth psychology, ecopsychology, qualitative research, systems theory, ecotherapy, and mythology from a psychological perspective. He practices what he refers to as “Deep Education”: the kind that invites the human relationship to nature, elements, creatures, and Earth to shift from mere utility to deep appreciation. His many books include Terrapsychology: Rengaging the World’s Soul (Spring Journal Books, 2007), Deep California: Images and Ironies of Cross and Sword along El Camino Real (iUniverse, 2008), and Rebearths: Conversations with a World Ensouled (editor) (World Soul Books, 2010.)

Craig Chalquist is a master gardener and permaculture designer who trains psychotherapists in ecotherapy techniques, has presented at Bioneers, and gives local presentations on Gardening and Mental Health. He is on the editorial board of the journal Ecopsychology and a member of the International Association for Ecotherapy.

Brendan Collins, PhD, has been a member of the EWP core faculty since 1995 and is co-director of the Chaudhuri Center for Contemplative Practice, Interreligious Dialogue and Social Justice. He studied with Haridas Chaudhuri at the California Institute of Asian Studies (1973–75), and earned his PhD in clinical psychology in a program developed by Carl Rogers at United States International University. He was a postdoctoral fellow in psychoanalytic psychotherapy and completed a Master of Theological Studies degree at the Graduate Theological Union, Berkeley.

For twelve years Collins was a member of a Benedictine monastic community committed to interfaith and intermonastic dialogue, and was the founding editor of Monastic Studies, an international journal of monastic theology. He worked with Thomas Merton and Bede Griffiths, two pioneers of the East-West interreligious dialogue. His areas of specialization include the relationship between psychology and Eastern and Western spiritual traditions, Jungian psychology, contemplative psychology, contemporary psychoanalysis, and the integral psychology of Sri Aurobindo, Mirra Alfassa, and Haridas Chaudhuri.


Jorge Ferrer is a leading scholar on transformative practices and integral epistemology at the Esalen Center for Theory and Research, and teaches courses on transpersonal studies, embodied spiritual inquiry, comparative mysticism, integral development, theoretical research, and spiritual perspectives on sexuality and relationships. He offers workshops and presentations on transpersonal studies, participatory spirituality, and integral education nationally and internationally. In 2000, Ferrer received the Presidential Award from the Fetzer Institute, Kalamazoo MI, for his seminal work on consciousness studies. In 2009 he became an advisor to the organization Religions for Peace at the United Nations for a research project aimed at solving global interreligious conflict.

Janis Phelps, PhD, received her doctorate in clinical psychology from the University of Connecticut. She is the former dean of the School of Consciousness and Transformation at CIIS. Her theoretical orientation is in transpersonal and wellness therapy models; Buddhism, Eastern and indigenous disciplines; and phenomenology/existential philosophies. Her research and scholarly writing has focused on entheogens and shamanic practices, clinical studies in enhanced expectancies and treatment, and mind-body wellness.
Phelps teaches courses in EWP on quantitative and qualitative research methods, spiritual counseling, mindfulness, research colloquium, Buddhism and psychotherapy, and principles of healing. As a licensed clinical psychologist, she is on the Board of Holos Institute and on the Clinical Committee of the Institute for Spirituality and Psychology.

**Carol Whitfield, PhD**, has an MA in Sanskrit from the University of California, Berkeley; a PhD in phenomenology of religions from the Graduate Theological Union, Berkeley; and a PhD in clinical psychology from the San Francisco School of Psychology.

During the 1970s, Carol Whitfield lived a monastic life in India, where she studied Advaita Vedanta and Sanskrit in a traditional gurukula setting under Swami Dayananda Sarasvati. Since her return from India, she has taught Vedanta extensively on both coasts and was one of the founders and the administrative manager of Sandeepany West, Institute for the Study of Vedanta and Sanskrit, located in Piercy CA, and later of Arsha Vidya Gurukulam, Institute for the Study of Advaita Vedanta and Sanskrit, in Saylorsburg PA. One of her primary interests is the synthesis of Western psychology and Eastern spirituality. Whitfield is a clinical psychologist with a private practice in Berkeley. She has written two books, *The Jungian Myth and Advaita Vedanta* (Arsha Vidya Centre Publications, 2009) and *The Vedantic Self and the Jungian Psyche* (Arsha Vidya Centre Publications, 2009).

**Adjunct Faculty**
- Greg Bogart, PhD
- Françoise Bourzat, MA
- Susana Bustos, PhD
- Mariana Caplan, PhD
- Kimmy Johnson, PhD
- Jürgen Kremer, PhD
- Brian L. Lancaster, PhD
- Helge Osterhold, PhD
- Sophia Reinders, PhD
- Marina T. Romero
- Jacob Sherman, PhD
- Malidoma Some, PhD
- Alessandra Strada, PhD

**EWP Community and Academic Life**

Community building is central to the pedagogical approach of the Department of East-West Psychology. During the fall semester of each year, new students take the course EWP Community Retreat, where they connect with their cohort’s members. In addition, the department organizes a social gathering at the beginning of the fall semester for all students and faculty, as well as an end-of-the-year celebration and other social events (such as the Thanksgiving dinner and MA Integrative Seminar presentations). EWP students and faculty come together for EWP social gatherings at different venues, participate in the yearly EWP community town meeting, and actively interact through a EWP chat room, which is used also for housing opportunities and miscellaneous discussions. EWP students are also supported to organize other community-building activities such as discussion groups (e.g., the ongoing doctoral research colloquium) or student retreats (with financial support from the department).

EWP students are invited to attend doctoral dissertation defenses, as well as special evening lectures sponsored by the department every semester. During 2010–12, the department invited Professor Anne Carolyn Klein to speak on “How Wisdom Dawns: Stories, Images, and Illumination from Tibet,” Professor Brian L. Lancaster on “Kabbalah, the Divine Feminine, and the Christian Shadow: Critical Phases in the Rise of Transpersonal Psychology,” Professor David Loy on “Healing Ecology: A Buddhist Response to the Environmental Crisis,” the shaman-therapist Françoise Bourzat on “Traditional Mushroom Ceremony in Transpersonal Counseling,” Dr. Christopher Ryan on “Sex at Dawn: The Evolutionary Origins of Human Sexuality,” and Beatriz Labate on “The Internationalization of Ayahuasca,” among others.
Coached by the faculty, EWP students and graduates present at professional conferences and publish their work in scholarly journals and publishing houses. Every spring the department organizes an EWP Student Symposium: The Many Voices of East-West Psychology, which features students’ presentations of their work in progress. During the last two academic years, with the support of the Student Alliance and the EWP Scholarship Program, students presented in professional conferences such as American Academy of Religion Annual Meeting, American Psychological Association (APA) Annual Convention, the Society of Theoretical and Philosophical Psychology Meeting (APA Division 24), ITP Conference on Spirituality and Psychology, International Conference on the Teaching of Psychology, International Conference on Expressive Arts (Lima, Peru), and Daimonic Imagination Conference (University of Kent, U.K.), among many others.

In addition, EWP students recently published articles in journals such as Journal of Analytical Psychology, Asian Philosophy, Journal of Humanistic Psychology, International Journal of Transpersonal Studies, Psychosis, ReVision, Archaí: The Journal of Archetypal Cosmology, Journal of East-West Psychology, Journal of Child and Family Studies, and Somatics. EWP students also served as associate managing editors and book review editors with the International Journal of Transpersonal Studies. In recent years, EWP students were winners of several scholarships in support of their research, including the Cultural Integration Fellowship scholarship, the Esalen scholarship, the Kranske scholarship, and the Baumann scholarship. (For more information about our community’s professional achievements, see “EWP Academic News” and “Students and Alumni” at the CIIS website’s EWP pages, where this information is regularly posted and updated).

**Student Profiles**

The department of East-West Psychology attracts students from around the world. They are drawn to its several programs for a variety of reasons, ranging from personal growth and creative development to professional goals, such as writing, teaching, or becoming spiritual counselors.

**Angela “Mictlanxochitl” Anderson Guerrero, PhD student,** is an artist whose doctoral studies are a response to her experience in research, policy, and service to the community in the United States and abroad. Both her art and her studies are an extension of her spiritual work in the tradition of the Mexicayotl, a spiritual practice extending from her ancestors in Mexico. She is a member of the Kalpulli Teokalli Teoyotl. She received an MA in public policy and a certificate in health administration and policy from the University of Chicago’s Graduate School of Public Policy, and completed her undergraduate studies at the University of Notre Dame.

**Zayin Cabot, PhD candidate,** is an author, a father, and an adjunct professor at the East-West Psychology department. He is the founder and editor of ParticipatoryStudies.com, as well as the author of several articles, an encyclopedia entry, and a book chapter on participatory spirituality and the participatory turn in academia. He has presented on these topics at conferences in the United States and internationally. He is currently preparing to take initiation with the Dagara people under the mentorship of the Dagara elder and diviner Malidoma Somé. Zayin offers divinations and community rituals in the Bay Area and throughout the United States.

**Ashna Chowdhury, MA student,** has a background in social justice work, having spent the past few years working in Bangladesh with BRAC, a development organization dedicated to alleviating poverty by empowering the poor to bring about change in their own lives. She came into the EWP program with the intention of deepening her inward journey and personal transformation. She firmly believes that aligning her personal values with academic and professional pursuits will help her to become a teacher and activist who will contribute with integral approaches to the transformation of the social world.

**Allison Krizner, MA student,** comes to the program with previous training and professional experience in theater performance, bodywork, and spiritual care. She was ordained an interfaith minister in 2007, and completed a year-long chaplaincy residency at California Pacific Medical Center in 2009. During her CIIS studies, she is continuing to explore how psychological, spiritual, and somatic dimensions interface in the healing process.
Diane Martin, PhD student, is a professional educator and counselor certified in thanatology: death, dying and bereavement, and is currently working with KARA grief support and education in Palo Alto supporting their youth service program. She was recently invited by the national Association for Death Education and Counseling (ADEC) to present her research at their annual conference. Her presentation was titled “Myth and Mourning: A Healing Journey to the Archetypal Mother,” and presented an alternative theory of loss and bereavement that synthesizes analytic psychology, current models of grief, and expressive arts.

David Odorisio, PhD student, lived a variety of lives before enrolling at CIIS. He is a yoga teacher and former manager of a yoga studio as well as former volunteer resident at the Kripalu Center for Yoga & Health. He earned his MA in theology and has taught and worked as campus minister at the high school and college levels. He has published in a variety of journals on Thomas Merton as well as edited a number of Merton’s monastic conferences. His current focus is on the East-West encounter through a Jungian lens as well as Jung’s re-visioning of the Christian tradition.

Ido Siemion, PhD candidate, holds an MA in Somatic Psychology from CIIS. He is a licensed MFT and has a private practice in Tel Aviv. Siemion currently teaches Transpersonal Psychology in the Reidman College for complementary medicine (Jerusalem and Tel Aviv), and is completing his PhD dissertation. His doctoral work integrates Buddhist and Jungian conceptualizations of emptiness and self, as well as exploring the practical implications of such integration for the practice of psychotherapy.

Alumni Profiles

Graduates are in high demand in a world that increasingly requires an integral perspective—one that encompasses the personal, interpersonal, cultural, and spiritual dimensions of human existence. They serve as university professors, teachers, scholars, writers, consultants, researchers, workshop leaders, spiritual counselors, integral coachers, entrepreneurs, social change activists, and community organizers.

Susana Bustos, PhD, 2007, received a scholarship from Chile to conduct her doctoral studies at CIIS. Her EWP doctoral research focused on the study of Amazonian shamanism (vegetalismo), particularly on the use of songs (icaros) during plant healing ceremonies. In her research, she worked as a therapist and clinical supervisor at Takiwasi in the Peruvian jungle, a center for the treatment of drug addiction integrating indigenous and Western medicine. The results of her doctoral research have been published in magazines such as Shaman’s Drum and Uno Mismo. Her latest publication, “The Verse of the Plant We Follow,” appears in Robert Tindall’s The Jaguar That Roams the Mind (Inner Traditions, 2008). She cofounded the Latin American Association for Holotropic Breathwork and Transpersonal Psychology, and worked for the Spiritual Emergency Network. She offers workshops and lectures internationally, coleads groups into the Amazonian rainforest, and teaches a course on entheogenic shamanism for the EWP department.

Patricia Corrales Ayala Pérez de Alba, MA, 2005, has taught a variety of courses from a transpersonal perspective in the Universidad Intercontinental and the Universidad de la Comunicación in Mexico City, ranging from humanistic psychology and epistemological foundations of psychology to the philosophy of science. In 2008, She launched the first graduate program in transpersonal psychology academically recognized in Mexico (Universidad de la Comunicación). She also has a private clinical practice as psychotherapist, neurotherapist, and researcher.

Martina Dannecker, PhD, 2005. Since graduation, Dannecker has taught at UC Berkeley, the Institute of Transpersonal Psychology, Laney College, and CIIS. Her latest publication is a chapter on “Emotional Affliction and Mental Illness from a Tibetan Vajrayana Buddhist Perspective” in G. Etzelmüller and A. Weissenrieder (Eds.), Religion and Illness: Which Relationships are Life-Enhancing? Darmstadt: Wissenschaftliche Buchgesellschaft (WBG). She is currently building a private practice for emotional healing and spiritual counseling, applying Jungian psychology, Buddhist meditation, and Osho body-energy work.
Tina Fields, PhD, 2001, has worked in the emerging field of ecopsychology since 1999. She has taught about the psychospiritual and cultural sides of environmental issues for Lesley University’s Audubon Expedition Institute (AEI), New College’s North Bay Campus for Sustainable Living, and Dominican University in San Rafael. She is writing a book on applied spiritual ecopsychology, intended to help shift the necessary task of making positive environmental change from a burden to a chosen joy. In addition, she coedited a book with Matthew Bronson, *So What? Now What? The Anthropology of Consciousness Addresses a World in Crisis* (Cambridge Scholars Press, 2009). She teaches Native Healing Wisdoms at Dominican University; cocreated a weeklong Ecospirituality intensive for Wisdom University; and instigated Deepen Your Green, a supportive group working on ecopsychological behavior change.

Charles Ismael Flores, PhD, 2009, is an adjunct professor at John F. Kennedy University, and has also taught at Cal State East Bay, Holy Names, and SACAR out of Puducheri, India. He is a Nationally Certified Counselor, Master Addictions Counselor, and currently provides therapy for dual-diagnosed teenagers in gangs. He has presented papers at Integral Psychology Conferences and won an award for the Best Constructive Criticism of Integral Theory, which will be published in the anthology, *Integral Theory in Action* (SUNY Press). He was a winner of the Haridas Chauduri Scholarship Award (2003) and the first Esalen Scholar Award recipient (2008). He has taught courses in transpersonal psychotherapy, drug counseling, social and cultural psychology, diversity and community, and has written on integral psychology and spiritual social activism.

Marilyn Fowler, PhD, 2012, is chair of the Consciousness and Transformative Studies Department at John F. Kennedy University. In her teaching capacity, she anchors the professional development track within the School of Holistic Studies, offering courses on Professional Identity, Curriculum Development, Workshop Development, Teaching Skills, Integral Leadership, and Starting a Business. She has designed and presented leadership workshops at Stanford University; University of California, Berkeley; and Cornell University. She has also authored professional publications on topics such as leadership and transformation, strategic leadership performance, leadership and motivation, and leadership coaching.

Glenn Hartelius, PhD, 2009, is assistant professor in the Residential PhD Program in Transpersonal Psychology at the Institute of Transpersonal Psychology (ITP), Palo Alto, main editor of the *International Journal of Transpersonal Studies*, and secretary of the International Transpersonal Association. At ITP, he teaches courses in Transpersonal and Spiritual Psychology, Somatic Psychology, History and Systems of Psychology, Transpersonal Psychology Praxis, Doctoral Retreat in Transpersonal Scholarship, Research Specialization, Meditation, and Human Sexuality. His work has been published in the Journal of *Transpersonal Psychology, Humanist Psychologist*, and the *Journal of Consciousness Studies*, among other journals.

Elizabeth Husserl, MA, 2006, has taught as adjunct professor of East-West Psychology at CIIS. She currently studies the integration of economics and spirituality, and has a private practice of Inner Economics in Berkeley. She also assists and facilitates workshops on Holistic Sexuality and is the coauthor of “Rekindling the Fire of Transformative Education: A Participatory Case Study,” published in the *Journal of Transformative Education* (2007). She recently published an article, “Inner Economics: Inner Work, Outer Rewards” in the magazine *Wirtschaft Analyse*.

Susan Miller McGowan, PhD, 2007, currently lives in Carrollton, Georgia, where she founded the Integral Healing Center. The center provides practitioner space for those who hold an integral vision of healing, which includes private practices and classes to support healing the whole person (www.integralhealing.biz). She currently works as a coach, massage therapist, and intuitive healer. In her spare time, she teaches as adjunct faculty at the University of West Georgia and home schools her nine-year-old daughter.

Karim Serageldin, MA, 2007, is currently working as an administrator and guidance counselor at one of California’s largest public charter schools, FAME. He is also heavily involved in Islamic psychology and psychospiritual counseling and psycho-education for the Muslim community. He has hosted several Islamic awareness evenings at CIIS.
Siddhartha V. Shah, MA, 2003, is an art dealer and lecturer on the function of sacred art in spiritual practice. He is an apprentice to renowned artist and writer Robert Beer, and focuses on contemporary movements in Hindu and Buddhist art. He also works in collaboration with Serindia Publications (Bangkok) promoting Himalayan art and culture, and travels throughout the United States, Europe, and Asia curating exhibitions and lecturing on modern and traditional religious art. Visit his Web site at www.TantricArt.net.

Rochelle Suri, PhD, 2010, teaches cross-cultural counseling in the Community Mental Health program at CIIS and mental health and aging at UC Berkeley Extension. She has published the outcomes of her doctoral research on “Auditory Hallucinations in Schizophrenia” in the anthology Configuring Madness (Oxford: Priory House) and the journal Psychosis. She offered a poster presentation at the 2008 APA conference titled “Existential Humanistic Therapy with the Elderly,” which she later published in the Journal of Humanistic Psychology. She also presented her doctoral research on auditory hallucinations in schizophrenia at the First Global Conference on Madness in Oxford, England.

Vanissar Tarakali, PhD, 2006, designs and delivers embodied educational programs and coaching sessions for organizers, activists, healers, and therapists who work with individuals and communities facing violence and oppression. She worked as the education programs director and Healing Oppression Project co-lead at Community United Against Violence (CUAV) and currently as DiversityWorks trainer. www.vanissar.com.

Jeremy Caifang Zhu, PhD, 2010, holds an MA in theological studies from the Harvard Divinity School and was a teaching fellow with the East Asian Studies program at Harvard during 2002–2004. He has published extensively in journals such as Asian Philosophy, Journal of Analytical Psychology, and Contemporary Buddhism. Before coming to the U.S.A. in 2001, he was a college faculty member at Beijing International Studies University where he taught ESL and interfaith dialogue between Buddhism and Christianity, and co-taught Introduction to Chinese Philosophy and Religions. He chaired the Harvard Buddhist Community and led a meditation group at CIIS. He practices and teaches t’ai chi.

Admission Requirements

MA in East-West Psychology
Applicants must meet the general admission requirements of the Institute and submit an outstanding academic writing sample. Two letters of recommendation are required from individuals familiar with the applicant’s academic work and preparation for graduate work. Applicants need not have an undergraduate major in psychology, but a strong interest in psychology and an interdisciplinary orientation are assumed. Students with insufficient background in psychology may be required by the EWP Admissions Committee to take additional courses as prerequisites to the MA. These courses are drawn from the EWP programs or other Institute programs.

Successful candidates for admission into the EWP MA program typically have the following qualifications: a vision that is compatible with the program’s mission, a path of personal and/or spiritual growth, sufficient maturity and stability to pursue independent inquiry, basic competence in communication and dialogical skills, respect for a diversity of viewpoints, the ability to clearly articulate their educational and professional goals, basic scholarly writing skills, and the ability to identify a prospective specialization that is consistent with the program’s mission and resources.

Note: spring admission may require five semesters to complete the MA integrative seminar (offered only in the spring semester). Alternatively, students could complete the degree in three semesters by taking additional courses and/or summer classes, though the department considers this option pedagogically less optimal.

PhD in East-West Psychology
Applicants must meet the general admission requirements of the Institute and have an MA in EWP or its equivalent. For those who do not have a background in East-West psychology, up to 12 units of courses drawn from the EWP core requirements and directed electives will be required, minus equivalencies (equivalency for
graduate courses previously taken is determined by the EWP Admissions Committee on an individual basis). In addition to the Institute’s general admission requirements, two letters of recommendation are required from individuals familiar with the applicant’s academic work and preparation for graduate work. Applicants should also submit a writing sample (an outstanding essay, article, or selection from their master’s thesis).

Successful candidates for admission into the EWP PhD program typically have the following qualifications: a vision that is compatible with the program’s mission and interdisciplinary nature; a path of personal and/or spiritual growth; sufficient maturity and stability to pursue independent inquiry; respect for a diversity of viewpoints; openness to multiple ways of knowing and whole-person learning; competence in communication and dialogical skills; the ability to clearly articulate educational, professional, and research goals; outstanding scholarly writing skills; the ability to clearly articulate their educational and professional goals; and the ability to identify a prospective area of specialization and/or dissertation topic that is consistent with the program's mission and resources.

Advanced Certificate Program in East-West Spiritual Counseling

Licensure as a mental health professional or training and experience in pastoral counseling is a prerequisite for admission. Applicants who are not yet licensed but have training and experience in mental health or pastoral counseling will be considered on a case-by-case basis. A personal interview with EWP core faculty members will be part of the application process.

Frequently Asked Questions for Prospective EWP Students

What types of students benefit most from the integral academic perspective offered in the EWP programs? Students entering the EWP programs share an interest in the integration of psychology and spirituality. This includes the following:

- Students with an integral worldview arriving straight from undergraduate or graduate education and wishing to deepen their knowledge and inquiry
- Students interested in the interface of Western, Eastern, and indigenous psychologies and spiritualities
- Students who are in transition in life and who, after varied life experiences, are expanding their worldview into a more integral perspective
- International students from diverse places on the globe seeking graduate training and an integral education

What is the difference between East-West Psychology (EWP); Philosophy and Religion (PAR); Philosophy, Cosmology, and Consciousness (PCC); Integral Counseling Psychology (ICP); and the Psychology Doctorate (PsyD)?
The ICP program provides the required academic coursework and professional training necessary to apply for the Marriage and Family Therapist (MFT) license. The PsyD program provides doctoral-level academic and professional training, and prepares students to become licensed clinical psychologists. The PAR programs emphasize the study of world philosophy and religion (with concentrations in Philosophy, Cosmology, and Consciousness; Women’s Spirituality; and Asian and Comparative Studies), while the EWP degree integrates the study of world religions with Western psychology and psychospiritual practice. The EWP programs and PCC concentration share an interest in transpersonal and consciousness studies, but where PCC approaches these fields with a more philosophical and Western-centered perspective. EWP adopts a more psychological, cross-cultural, and spiritually global (Eastern, Western, indigenous) perspective.

Do I need to have a psychology undergraduate degree to apply to the MA program? No, although many EWP MA students come from social sciences and humanities undergraduate backgrounds with some coursework in psychology. Students with an insufficient background in psychology may be required to take one or more additional foundational courses from the ICP or PsyD program.

Do the EWP programs prepare students to become licensed therapists? No, the EWP programs do not prepare students for licensure as psychological counselors, psychotherapists, or clinical psychologists. However, the department has a number of core faculty who are licensed psychologists and practicing clinicians. Moreover, there are a number of students in the doctoral program who have earned
Some of these students are pursuing further doctoral studies researching topics related to counseling psychology, such as transpersonal psychotherapy and spiritual emergence; others are acquiring personal and professional skills that will enhance their practice as therapists, such as those gained through courses in psychospiritual practice and East-West spiritual counseling. In addition, EWP offers an Advanced Certificate Program in East-West Spiritual Counseling for health care professionals and pastoral counselors.

For what kind of career do the East-West Psychology programs prepare me?
Many of the graduates from the EWP programs go into academic teaching, various types of consulting (depending on their field of specialization), research and publication, and nonacademic teaching, such as leading workshops and educational seminars. MA students may go on to work as consultants, workshop leaders, or teachers. Others will continue working in their established fields as therapists, spiritual counselors, or administrators. PhD graduates often go on to teach at the university level, or continue pursuing their own research and writing in the field. In addition, many graduates pursue unique entrepreneurial opportunities as pioneers bridging Eastern and Western teachings in theory and practice. (See EWP Alumni Profiles. See also www.ciis.edu/ewpstudentsandalums for more information.)

Do the EWP programs have an online option?
No. Because there are only a few EWP online courses, residency is required for the programs. Coursework must be completed at CIIS, but it is possible to make other arrangements during the dissertation-writing phase.

Can I attend part-time?
Yes. However, to qualify for financial aid, you must take 6 units per semester. (The full-time, recommended course load is 9 units per semester.)

Can I speak with an EWP faculty member before I apply?
Yes. The Institute provides various forums during which you can meet with EWP faculty and discuss your interest in the program, including the biannual CIIS open houses, as well as various EWP informational meetings (for information about dates, see Upcoming Events in the EWP pages of the CIIS website). You can also arrange to sit in on a number of classes during each semester by contacting the admissions counselor for this program at www.ciis.edu/admissionsteam or visit our website: www.ciis.edu.

If I cannot attend the CIIS informational meetings, can I meet with someone affiliated with the department and speak with him/her at length?
Prospective students interested in visiting CIIS can schedule an appointment with the admissions counselor for this program at www.ciis.edu/admissionsteam or visit our website: www.ciis.edu. During their visit, they can discuss their academic interests and goals, pick up program materials and financial aid information, take a tour of the school, and sit in on classes. Prospective students can also set a meeting with one or more EWP faculty members. By visiting CIIS, prospective students can get a sense of the intellectual and integral climate of CIIS, which is difficult to convey through a phone conversation or written documents.

What types of financial aid or student employment are available?
Government loans totaling up to $20,500 and various Institute scholarships are available. Additionally, many students are employed within the Institute as student workers (either for pay or tuition exchange). It is best to speak directly with a financial aid officer to understand the specifics, and to request that financial aid information be sent to you.

Can I receive financial aid if I am attending part-time?
Yes, depending upon eligibility. Please consult the Financial Aid Office for specifics: 415.575.6122 or finaid@ciis.edu.

What are the application procedures?
The admission process unfolds as follows: After all application materials have been received, the applicant’s file is forwarded to the EWP Admissions Committee, which reviews the complete application. The EWP program coordinator then arranges an interview with one or more EWP faculty members either in person or over the phone (an in-person interview is required for doctoral candidates except in extraordinary circumstances, such as foreign residence). After the interview, the EWP Admissions Committee decides about the admission of the candidate and, if he or she is accepted, makes recommendations about prerequisite courses and choice of academic
advisor. The Admissions Committee meets bimonthly with the EWP core faculty to reach a final decision. Questions regarding interviews may be directed to EWP Program Coordinator Ishtar Kramer at ikramer@ciis.edu.

**Can I transfer credits from previous graduate work? How many units can I transfer?**

An analysis of possible equivalences is carried out by the EWP Admissions Committee during the interview, and the exact number of possible transfer units will be determined at that time. The EWP department allows a maximum of 6 semester units to be transferred into the MA or PhD program. However, MA applicants with an insufficient background in psychology may be required by the EWP Admissions Committee to take additional psychology courses as prerequisites to the MA; and for doctoral applicants with no background in East-West psychology, up to 12 units of courses drawn from the EWP foundational courses will be required, minus equivalencies.

**When will I get a reply, once I have applied?**

After all application materials have been obtained and the application is complete, a response will be forthcoming within two to four weeks.

**How can I defer my acceptance if I am not able to attend in the semester for which I applied?**

A student can defer acceptance for up to one year. A request should be submitted to the Admissions Office in writing, along with a $250 nonrefundable enrollment deposit. This deposit money will go directly toward the new student’s first-semester tuition.

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**Recommended Readings**

**Selected Writings by EWP Faculty**


Classical Works

For Students with No Background in Depth Psychology

Overviews of the East-West Encounter

East-West Psychology Approaches

Critical Perspectives

Writing Skills
Integral
An approach to life, philosophy, and education that focuses on wholeness and integration of body-mind-spirit. The Sri Yantra symbolizes the integration of the spiritual with the worldly, embracing paradoxes and honoring diversity as part of its method of comprehending unity.

“What happens at CIIS is very nearly unique in the world of higher education. It is also revolutionary...No one is truly educated until heart and mind have been joined with action.”

PARKER PALMER
Author, educator, activist

Accreditation
CIIS is accredited by WASC (Western Association of Schools and Colleges, 985 Atlantic Avenue, Suite 100, Alameda CA 94501; 510.748.9001).

Diversity
California Institute of Integral Studies recognizes and honors the value of a diverse academic community. It is committed by law and by purpose to serving all people on an equal and nondiscriminatory basis.
San Francisco Is Our Campus

San Francisco is a hub of connections—international, cultural, and professional—within one of the world’s most beautiful natural environments. Diverse neighborhoods make up the city, and CIIS is located in the lively downtown area.

Inside our buildings, you’ll find intense learning experiences, a rooftop Zen garden, meditation room, bookstore, art exhibits, and our popular organic café. Outside, a spirit of renewal is invigorating SoMa, our South of Market neighborhood. Parks, shops, and housing are sprouting up in the area between Mission Street and the San Francisco Bay, already anchored by Symphony Hall, the Asian Art Museum, Yerba Buena Center for the Arts, the Museum of Modern Art, San Francisco Public Library, and City Hall.

In the city and throughout the Bay Area, students gain work experience at challenging practicum sites. There’s an exciting synergy here between personal and communal growth you won’t find anywhere else.

Through CIIS Public Programs & Performances, the Institute offers students and the public a dazzling variety of concerts, workshops, conferences, lecture series, and urban retreats—many granting continuing education credit—that showcase leaders in spiritual practice, interfaith dialogue, psychology, social activism, bodywork, performing arts, dance, movement, and many other areas. The Arts at CIIS sponsors numerous art exhibits and events, and travel tours take alumni and friends to such destinations as India and Costa Rica. A recent major conference, “Expanding the Circle: Creating an Inclusive Environment in Higher Education for LGBTQ Students and Studies” attracted participants from colleges and universities throughout the U.S. and internationally.

Open the Door to Your Future

Our place is yours during CIIS open houses and program information sessions—great ways to experience our community and learn about programs firsthand. You can also call or email our admissions counselors who can answer your questions, put you in touch with specific programs, and schedule a classroom or campus visit.

Academic Programs

**SCHOOL OF CONSCIOUSNESS AND TRANSFORMATION**

- Asian and Comparative Studies (MA, PhD in Philosophy and Religion)
- Anthropology and Social Change (MA, PhD)
- East-West Psychology (MA, PhD)
- Ecology, Spirituality, and Religion (MA, PhD in Philosophy and Religion)
- Philosophy, Cosmology, and Consciousness (MA, PhD in Philosophy and Religion)
- Transformative Leadership (MA, online)
- Transformative Studies (PhD, online)
- Women's Spirituality (MA, PhD in Philosophy and Religion)
- Creative Inquiry, Interdisciplinary Arts (MFA)
- Writing and Consciousness (MFA)

**SCHOOL OF PROFESSIONAL PSYCHOLOGY & HEALTH**

- Clinical Psychology (PsyD)
- Community Mental Health (MA in Counseling Psychology)
- Drama Therapy (MA in Counseling Psychology)
- Expressive Arts Therapy (MA in Counseling Psychology)
- Integral Counseling Psychology (MA in Counseling Psychology)
- Integrative Health Studies (MA)
- Somatic Psychology (MA in Counseling Psychology)

**SCHOOL OF UNDERGRADUATE STUDIES**

**SCHOOL OF ARTS COMPLETION (BAC) PROGRAM**

- BA in Interdisciplinary Studies

**ONLINE DEGREES**

- Transformative Leadership (MA)
- Transformative Studies (PhD)

**CERTIFICATE PROGRAMS**

- Advanced Certificate in East-West Spiritual Counseling