HARAMBEE ARTS  
Let’s pull together

Travel to Nepal  
May 25 to June 8, 2013

For a unique study/work program in expressive arts therapy  
with survivors of sex trafficking who are trained in the Harambee Arts methodology

During this two-week journey, we will stay in a charming guest-house in Boudhanath [www.shechenguesthouse.com.np](http://www.shechenguesthouse.com.np) located on the grounds of a Tibetan Monastery, one of the holiest Buddhist sites in Kathmandu. We will also visit other sacred sites in the Kathmandu Valley, including Patan, Swayambu, Bhaktapur and the burning cremation ghats at Pashupatinath.

Under the supervision of Harambee Arts, the five-day training will be led by Nepali trainers, survivors of sex trafficking. During the second week, the trainees will work directly with Nepali girls in safe houses.

The training covers key elements of practice, including:
- How to introduce the work effectively in crisis situations with diverse populations
- Best practices in creating a safe space for participants to heal, especially when they have no sense of safety
- Creating community to allow everyone to be heard and valued
- Using multiple art forms—including dance/movement, visual arts, storytelling, and drama—as transformative healing modalities
- Strategies for planning, organizing, communicating and creating effective workshops and interventions
Apply
Contact us at Gloria@harambeearts.org for an application. Full itinerary will be available early January 2013. Deadline for applying is February 14, 2013.

A personal interview will be scheduled upon receipt of the application and a decision will be made by March 14, 2013. You are expected to arrive on Saturday the 25th of May, 2013. Orientation will begin on May 26th. Training will begin on Monday, May 27th.

Cost
A $2,600 fee for the 15 day training and tour includes all lodging in Kathmandu, vegetarian meals at the Shechen guest house (except for two lunches during weekend excursions), airport transfers, all local transportation, admission to sacred sites, experienced guide, stipends for translator and trainers and art materials.

You Provide
Not covered in the trip cost are: international airfare, visa ($40), medical and evacuation insurance, alcoholic beverages, tips and other incidentals. Participants are required to purchase medical and evacuation insurance. Option: Travel Guard: www.travelguard.com

Endorsed by
The Expressive Arts Therapy Program of The California Institute of Integral Studies, Shakti Samuha and SpiritTravels.org

Gloria Simoneaux
is founding director of Harambee Arts www.harambeearts.org, an expressive arts organization and training program based in sub-Saharan Africa and Nepal. Gloria taught Expressive Arts to counselors in Nairobi as a Fulbright scholar, affiliated with the Kenya Association of Professional Counselors. She is the Founder of DrawBridge: An Arts Program for Homeless Children, has worked with pediatric oncology patients in San Francisco hospitals and is currently a consultant with Save the Children.

Francisca Lizana
is a bilingual bi-cultural Expressive Arts Therapist. She grew up in Chile and trained in the therapeutic use of the arts (IATE) in London, UK. She completed her Master's degree in Counseling Psychology, Expressive Arts Therapy at CIIS in San Francisco. She has worked clinically using the arts with all ages for the last 8 years in diverse community settings, cultures and countries and has recently returned from Chile where she worked with refugees and migrants.

HARAMBEE ARTS
Let's pull together is a non-profit organization that partners with grassroots programs in Africa and Nepal in the training of local caregivers to provide healing art programs for vulnerable women and children.