



California Institute of Integral Studies

The Center for Psychedelic Therapies and Research

The 2021 Certificate Program in Psychedelic-Assisted Therapies and Research

Quick FAQs about the 2021 Certificate Program

- The 2021 classes run from April 2021 to December 2021.
- Eligibility criteria are strictly limited to specific licensed medical and mental health professionals, counseling attorneys, ordained clergy and commissioned chaplains.
- The application period for 2021 is open from October 15, 2020 to November 30, 2020.
- Interested in learning more details? Read more [here](#).

Dr. Janis Phelps, Director
Center for Psychedelic Therapies and Research
California Institute of Integral Studies
1453 Mission Street
San Francisco, CA.

Table of Contents

About The Program	2
Exciting Updates For The 2021 Class	2
Philosophy And Goals Of The Certificate	3
Institutional Partners And Acknowledgements	3
Planned 2021 Certificate Teachers	4
Format Of The Certificate Program	5
Schedule Boston And San Francisco 2021 Classes	6
What Can I Do With This Certificate In Psychedelic-Assisted Therapies And Research?	8
What Are The Benefits Of Attending The Certificate Program In Psychedelic-Assisted Therapies And Research?	8
Application Dates For The 2021 Class	9
2021 Eligibility Criteria For The Certificate	10
2021 Application Materials	12
Scholarships And Need-Based Aid	13
2021 Payment And Withdrawal Policies	13
Curriculum Of The Certificate	16
Online Information Sessions On The 2021 Certificate Program	17
Contact Information	17

About the Program

This Certificate Program is housed in the CIIS Center for Psychedelic Therapies and Research. The Center also provides diverse public education about psychedelic research and the use of psychedelics in psychotherapy from the past decades, as well as teaching on topics such as creativity enhancement, consciousness studies, comparative mysticism, well-being enrichment, and harm reduction. Book readings and lectures by scholars of psychedelic medicines have been presented since 2015.

The Psychedelic-Assisted Therapies and Research Certificate Program serves a growing need for the training of skilled therapist researchers who will ideally seek advanced training for future FDA-approved psychedelic-assisted and entactogen-assisted psychotherapy research. We use the term "psychedelic" to refer to both the classic psychedelics (LSD, psilocybin, peyote, ayahuasca, etc.) and to those drugs specifically termed "entactogens" and also known as "empathogens" (MDMA, MDA, etc.). Enrollees are professionals in specific licensed mental health and medical professions, as well as eligible ordained or commissioned clergy and chaplains.

The roots of this Certificate are in the work of scholars and researchers on psychedelic-assisted psychotherapies, transpersonal psychology, consciousness studies, psychoanalysis, comparative mysticism, and cultural anthropology. While this Certificate program emphasizes the therapeutic models of psychedelic research, we address the philosophy and theory from these other scholarly traditions as well.

CIIS has an outstanding reputation of over 50 years in graduate education that integrates consciousness studies and psychology, including psychedelic studies. The format of instruction and curriculum has been developed by an esteemed team led by Dr. Janis Phelps, Director of the Center for Psychedelic Therapies and Research, in collaboration with many clinicians and researchers in the field. As Heffter Research Institute trustee and former CIIS Dean of Faculty for the School of Humanities and Social Sciences, Dr. Phelps is well positioned to lead a multidisciplinary team of international expert teachers.

Exciting Updates for the 2021 Class

The huge success of the CIIS training program is widely known in this field and has enabled us to expand our programming for 2021. Our Center is scaling the certificate training in 2021 to include two cohorts of students who are mental health and medical professionals or ordained clergy. We are thrilled to offer a cohort in Boston, MA where East Coast based clinicians and clergy can more easily travel to be trained in psychedelic-assisted therapies and network in

their local area. Another cohort will be based in San Francisco as in prior years. Because of our great success and significantly increased demand for admissions into this program, we are expanding the size of our program with an expected 100 trainees per cohort. The outstanding certificate curriculum will be markedly unchanged from the prior years with some improvements based on our program evaluations from the past five years. The engaging hybrid online-residential classes will continue to be conducted during an eight-month period with a summer break.

In addition to our successful San Francisco classes, we have carefully selected Boston as our second cohort location due to several key opportunities. Our applicants and alumni have given us feedback that an East Coast location will enhance the experience of the program for those from the eastern half of the country, Africa, and Europe. Boston is an emerging hub of psychedelic research with the presence of the active [Boston Psychedelic Research Group](#) (BPRG) of 500 professional members, as well as the newly created and forward-thinking [Center for the Neuroscience of Psychedelics](#) at Massachusetts General Hospital (MGH). Several leaders of the BPRG are graduates of the CIIS certificate training program, Harvard professors, on staff at MGH, or current local clinicians conducting psychedelic-assisted psychotherapy research. We are happy that many of these experienced leaders will be advisors, teachers, and mentors for the 2021 class. Our New England alumni will contribute to the growing professional network of psychedelic-assisted therapists and researchers in their regions.

Philosophy and Goals of the Certificate

Consistent with CIIS ideals, this certificate strives to encompass all aspects of learning: intellectual/didactic, personal/experiential, and applied. The research and therapy training is conducted with learning processes embedded in self-reflection, community-building, and embodied ways of knowing and mentoring. Students learn a wide variety of necessary skills and knowledge bases, ranging from pharmacology of psychedelics to research design to psychedelic therapist competencies to the history of use of psychoactive plants across the globe.

In order to accomplish such a holistic enterprise, the program values and implements the deconstruction of various perspectives and cultural viewpoints, along with didactic and experiential learning with teachers representing diverse specializations. The global wisdom traditions related to alterations of consciousness (meditation, yoga, fasting, solo wilderness retreats, healing methods, etc.) play a role in the theoretical underpinnings of the curriculum, as well as being directly enacted as part of the personal/experiential aspect of the training. Our scope of inquiry has the breadth and depth necessary for a graduate to have a sufficient understanding of the field's empirical research methods and outcomes, the key clinical competencies, and ways to situate themselves in the constantly evolving streams of non-profit and for-profit organizations, and decriminalization movements. Our trainees have access to experts in the psychedelic field and in-depth mentoring that enables them to create professional connections not otherwise available among the influencers in this arena. In terms of personal connections and building opportunities, trainees are welcomed into affinity and special interest groups among their peers and join an engaging, active alumni association when they graduate.

It is important to note that at no time does the program promote or require the use of psychedelic drugs in any manner. Students taking the Certificate will learn about the competencies required of therapist guides in federally approved medical treatment and psychedelic research. An exception to this can be if a student chooses to get optional training in a ketamine clinic, which may involve an opportunity to experience ketamine on a case-by-case basis.

Institutional Partners and Acknowledgements

Many renowned researchers and scholars have advised and supported the development of this certificate program at CIIS. They represent the prominent U.S. and Canadian research centers that are funded by the [Heffter Research Institute](#), [Multidisciplinary Association for Psychedelic Studies \(MAPS\)](#), the [Council on Spiritual Practices \(CSP\)](#) and the [Usona Institute](#).

We would like to publicly thank the following key thinkers and researchers for their significant contributions to the development of this certificate training program. Thank you to Ron Beller (PSFC); Anthony Bossis and Jeffrey Guss (NYU); Nicholas Cozzi (U. of Wisconsin); Rick Doblin, Michael Mithoefer, Annie Mithoefer, Shannon Clare Carlin, and Karen Cooper (MAPS); Betsy Gordon (Betsy Gordon Foundation, CIIS trustee and emerita Heffter trustee);

George Greer, and David Nichols (Heffter); Roland Griffiths, Mary Cosimano, and William Richards (Johns Hopkins U.); Charles Grob (UCLA and Heffter); Stanislav Grof; Diane Haug; Robert Jesse (CSP and Usona); Bill Melton (Melton Foundation) and Meihong Xu (CIIS Trustee); the late Ralph Metzner; George Sarlo (George Sarlo Foundation); Ron Mis, Dick Simon, and Anne St. Goar (Boston Psychedelic Research Group); and Shirley Strong (Former CIIS Dean of Diversity). Their tireless, consistently inspired, and wise counsel on multiple levels of the Center’s program has help refine and scale the excellent programs we are delivering.



Planned 2021 Certificate Teachers

Many leading scholars, psychiatrists, psychologists and therapists from Johns Hopkins University, New York University, UCLA, UC Berkeley, and the other institutions will be teaching in the program. Below is a list of most of our teachers, while other scholars and teachers are to be determined.

- Dr. Brian Anderson (UC San Francisco)
- Sizwe Andrews-Abakah and Mizan Alkebulan-Abakah, MPH (Spearitwurx)
- Dr. Anthony Bossis (New York University)
- Dr. Susana Bustos (CIIS)
- Karen Cooper, RN (MAPS Ft. Collins, Colorado)
- Mary Cosimano, MSW (Johns Hopkins University)
- Dr. Nicholas Cozzi (University of Wisconsin)
- Dawn Davis, MA (U. of Idaho and Indigenous Program for STEM)
- Dr. Rick Doblin (MAPS)
- Amy Emerson (MAPS)
- Dr. George Greer (Heffter Co-founder)
- Dr. Charles Grob (UCLA, Heffter Co-founder)
- Dr. Jeffrey Guss (New York University)
- Diane Haug, LPC
- Patricia James (Cheyenne Pipe Carrier)
- Dr. Anja Loizaga-Velder (Nierika Institute)
- Dr. Maria Mangini (Holy Names University and CIIS)
- Dr. Natalie Metz (CIIS)
- Dr. Michael Mithoefer (MAPS)
- Annie Mithoefer, RN (MAPS)
- Dr. David Nichols (Heffter Co-founder)
- Andrew Penn, RN/NP (UCSF School of Nursing)
- Dr. Janis Phelps (CIIS)
- Dr. David Presti (UC Berkeley)
- Dr. Charles Raison (Usona Institute)
- Dr. William Richards (Johns Hopkins University)
- Dr. Ben Sessa (Imperial College)
- Dick Simon (YPO, Psychedelic Group, BPRG)
- Shirley Strong, M.Ed
- Dr. Malynn Utzinger (Usona Institute)
- Jamie Wheal (Flow Genome Project)
- Dr. Monnica Williams (U. of Ottawa)
- Dr. Berra Yazar-Klosinski (MAPS)
- Dr. Rachel Yehuda (Mt. Sinai Medical Center and Bronx V.A.)

Format of the Certificate Program

Hybrid Online and Residential Format

For both the Boston and San Francisco based cohorts, the certificate program course schedule will be comprised of six weekends and a 5-day in-person retreat. While this has always been a hybrid program, given the realities of the pandemic and Covid-19, the spring 2021 classes will be held online. This strategy is consistent with the decisions of many universities across the country for safeguarding the health and well-being of students, staff, and faculty during the pandemic.

The community-building training retreats will be conducted at a retreat center, community center, or conference hotel. Five of the six weekends are online and one fall, 2021 weekend will be in-person in order to experience Holotropic Breathwork during part of that course meeting. The 2021 curriculum entails 150 total hours of instruction, including 120 of in class learning (online and in-person) and 30 hours of individualized learning, mentor consultations, and online video instruction. This hybrid online and in-classroom program is beneficial for trainees who are at a distance from Boston and San Francisco. Applicants will choose their preferred cohort at time of application, either San Francisco or Boston. All applicants commit to the timing of the cohort to which they are admitted. See the exact 2021 schedule below.

Innovative Curriculum and Learning Environment

The learning environment is in the form of lectures, small group discussion, review of therapy session recordings, mentoring experiences, and experiential learning (e.g., Holotropic Breathwork, role-play, guided imagery, expressive arts, and journaling). Classes begin April 9, 2021 and end on December 5, 2021. The 5-day retreat training will be in the fall on two separate weekends: one near Boston and one near San Francisco. Lodging and coffee/refreshment service for this retreat is included in the cost of tuition. A special fall experiential weekend in September will include sessions of Holotropic Breathwork with Diane Haug who is a lead international teacher of the Grof Transpersonal Training.

An engaging feature of the hybrid program is the use of frequent flip classes, an innovative online learning pedagogy. In this type of class, students preview a recorded lecture or presentation before the class weekend and bring questions and comments to the class meetings. During an extended discussion period, the teacher is then able to provide deeper discourse into the topics at hand during class. The training program includes opportunities each class day for more intimate small group discussions within a Home Group. These Home Groups are comprised of 7-9 trainees who co-create a learning pod together for the entire certificate training. Book chapters and peer reviewed journal articles are assigned by our teachers for each class. Throughout the program, prominent readings are required and recommended as foundational learning for this field. For a sneak peek see the [2021 textbook list](#).

Students work with a distinguished mentor who has experience in psychedelic-assisted and/or entactogen-assisted psychotherapy research or in related areas of clinical expertise. Our mentors are licensed clinicians and well-known researchers with expertise in the area of psychedelic studies. The mentors meet individually with students and with a small group of mentees regularly throughout the program. Professional development discussions, assessments, and confidential integration of learning will occur in mentoring. As part of the culmination of the training, students will write a final paper in the certificate, several of which have been published by our graduates in peer refereed journals.

Exceptional Collaboration with MAPS

Multidisciplinary Association for Psychedelic Studies (MAPS) is currently requiring a five-module training for all eligible allied health professionals and clergy who wish to be permitted by MAPS to provide MDMA-assisted therapy after the FDA re-scheduling of MDMA. Since 2016, CIIS and MAPS have collaborated in organizing an opportunity for graduates of the CIIS program to efficiently complete MAPS therapist training. The five modules of the current MAPS training program are [outlined here](#).

Notably, CIIS trainees will have completed three of the five modules required by MAPS to conduct MDMA-assisted psychotherapy in approved clinical settings. This means that our graduates will have completed half of the MAPS training program and are thus more readily able to finish their MAPS training. MAPS has generously granted this key benefit for CIIS graduates in which they save approximately half of the cost of the full MAPS training.

The two online June weekends and the 5-day fall retreats are collaboratively organized by CIIS and taught by MAPS. Michael Mithoefer, MD, and Annie Mithoefer, RN, will be our training's MAPS expert instructors for the San Francisco cohort. Marcela Ot'alora, MA, LPC, and Bruce Poulter, MPH, will be the MAPS authoritative trainers for the Boston cohort.

Individualized Offerings Beyond the Classroom

The certificate program provides students an exemplary experience for a hybrid program by offering many additional opportunities for elective individualized learning and networking. Students may select from a wealth of optional workshop offerings, book clubs, topical consultation groups, as well as ketamine-assisted psychotherapy training. These offerings also provide occasions for students to deepen their understanding of that expert's work and field, to engage with one another in small groups, and acquaint themselves with more influential mentors and teachers. Opportunities for training in ketamine-assisted psychotherapy will be offered through affiliated, highly skilled instructors and may have a separate fee. In consultation with their mentor, students may receive credit for some of these varied offerings.

Each year there are several workshops which have included focused teaching on issues of accessibility, diversity and inclusion in the field; psychedelic session music; integration techniques; and strategies of creating regional psychedelic sciences groups. Topics covered in 2020 include Bill Richards's book club on his text *Sacred Knowledge* and Chris Bache on his book *LSD and the Mind of the Universe*. Special groups included topics of depression and treatment failings; the art of psychedelic therapy integration; love, presence, compassion in this work; and addiction, psychedelics, and recovery. We also host social online film nights, including recent films and documentaries such as *Fantastic Fungi* and *From Shock to Awe*, with our students and mentors. These are incredible opportunities to study with experts in the field in smaller sized groups of trainees.

Schedule for Boston and San Francisco 2021 Classes

For full list of 2016 to 2020 classes, instructors and class descriptions, see [our website](#).

During half of the online classes, both cohorts meet together for concurrent instruction via video conference with their teachers. The other half of the online classes are solo morning instructional sessions for the Boston cohort and solo afternoon sessions for the San Francisco cohort. All in-person classes and the retreats are created for and attended by each cohort separately.

The 5-day training retreats for the Boston and San Francisco cohorts will take place at conference or retreat centers near Boston and San Francisco. The in-person weekends have hours somewhat longer than the online training weekends. See below for specific dates for each cohort.

BOSTON: WEEKEND AND RETREAT DAYS AND TIMES	
April 9th, 10th, 11th	Welcome Weekend Online
May 14th, 15th, 16th	Weekend Online
June 4th, 5th, 6th	Weekend Online
June 18th, 19th, 20th	Weekend Online
<i>SUMMER BREAK</i>	
September 30th to October 4th	In-Person Retreat (MAPS modules) near Boston
November 12th, 13th, 14th	In-Person Weekend, including Holotropic Breathwork
December 3rd, 4th, 5th	Closing Weekend Online

The Boston Schedule for the Online Weekends:

- Fridays from 10 a.m. to 4 p.m. ET
- Saturdays from 10 a.m. to 4:30 p.m. ET
- Sundays from 10 a.m. to 2:30 p.m. ET

The Boston Schedule for the 2021 Residential Retreat and In-Person Weekend with Holotropic Breathwork:

5-Day In-Person Retreat (MAPS modules) near Boston:

- Begins 2 p.m. ET on Thursday, September 30th and ends 12 p.m. ET on Monday, October 4th.
- With Expert MAPS trainers - Marcela Ot'alora and Bruce Poulter.

The in-person Boston weekend training includes Holotropic Breathwork and will meet during these times:

- Friday, November 12th from 1 p.m. to 8 p.m. ET
- Saturday, November 13th from 9 am. to 5 pm. and 7 pm. to 8:30 pm. ET
- Sunday, November 14th from 9 am. to 2 pm. ET

SAN FRANCISCO: WEEKEND AND RETREAT DAYS AND TIMES	
April 9 th , 10 th , 11 th	Welcome Weekend Online
May 14 th , 15 th , 16 th	Weekend Online
June 4 th , 5 th , 6 th	Weekend Online
June 18 th , 19 th , 20 th	Weekend Online
<i>SUMMER BREAK</i>	
September 17 th , 18 th , 19 th	In-Person Weekend, including Holotropic Breathwork
October 21 st to 25 th	In-Person Retreat (MAPS modules) near San Francisco
December 3 rd , 4 th , 5 th	Closing Weekend Online

The Daily San Francisco Schedule for the Online Weekends:

- Fridays from 9:30 a.m. to 3:30 p.m. PT
- Saturdays from 9:30 a.m. to 4 p.m. PT
- Sundays from 9:30 a.m. to 2 p.m. PT

The San Francisco Schedule for the 2021 Residential Retreat and In-Person Weekend with Holotropic Breathwork:

5-Day In-Person Retreat (MAPS modules) near San Francisco:

- Begins 2 p.m. PT on Thursday, October 21st and ends 12 p.m. PT on Monday, October 25th.
- With Expert MAPS trainers - Michael and Annie Mithoefer,

In San Francisco the in-person weekend training includes Holotropic Breathwork and will meet during these times:

- Friday, September 17th from 1 p.m. to 8 p.m. PT
- Saturday, September 18th from 9 a.m. to 5 p.m. and 7 p.m. to 8:30 p.m. PT
- Sunday, September 19th from 9 a.m. to 2 p.m. PT

What Can I Do with this Certificate in Psychedelic-Assisted Therapies and Research?

Three primary opportunities await you as a Certificate graduate:

- 1) Certificate graduates will have strong skills and knowledge at a high standard for foundational training. For some graduates, this has been built upon by further mentoring via specific training with Heffter, MAPS and Usona researchers, who have already chosen these graduates as study therapists in ongoing psychedelic research projects. This is dependent on the unfolding regulatory processes, the attainment of protocol-specific training, and the available number of therapist researcher positions. Optional training in ketamine-assisted psychotherapy will facilitate graduates in the exploration of the possibilities of expanding their practice into this area of clinical treatment.
- 2) Another opportunity is for graduates to work in [expanded access clinical research programs](#). Expanded access for investigational drugs is designed for medicines that have been determined by the FDA to have sufficient efficacy and baseline safety but are not yet fully approved for the researched symptomologies. MAPS received approval from the FDA of their expanded access MDMA protocol in late 2019. The psilocybin researchers in the U.S. are a year or two away from being in a position with sufficient data to speak to the FDA about expanded access. During expanded access, psychiatrists and some physicians will be able to prescribe psilocybin and/or MDMA for people with intractable conditions that have shown only partial response to traditional medications or for whom traditional medicines are contraindicated. Carefully trained therapist researchers will need to be present throughout the therapeutic process and conduct themselves within FDA treatment protocols. Expanded access treatment is designed for people whose medical conditions meet FDA criteria for severe chronic PTSD (for MDMA-assisted therapy) and will likely be approved for major depression, treatment-resistant depression and/or end-of-life distress (for psilocybin-assisted therapy). At CIIS we continue to work with Heffter, MAPS, and Usona for our graduates to receive any of their required training in order to be key prospects for these potential opportunities.
- 3) A third opportunity to be gained from the Certificate is an enhanced ability to serve people in our culture who have used psychedelics or other potent practices (e.g., breathwork). The general public has insufficient knowledge and support for the challenging experiences that sometimes occur and less than ideal support for the full unfolding of even positive experiences. Most clergy, therapists and medical professionals have people in their practices and communities who are not disclosing that they are using these psychoactive substances. With this training our graduates will be skilled in addressing psychological material that has arisen for clients and congregation members as the result of their personal psychedelic usage. People in our graduates' practices will be more likely to disclose and to ask for help in the integration of their psychedelically induced mystical, insightful, and/or challenging experiences. Graduates might choose to make this integration work a specialization within their practices and communities.

At CIIS we are working at the forefront of these opportunities. Join us!

What Are the Benefits of Attending the Certificate Program in Psychedelic-Assisted Therapies and Research?

By enrolling in this Certificate Program, you will:

- Have a unique opportunity to train with most of the prominent psychedelic researchers and therapists in the United States, and several from Canada, the UK, and the EU.
- Be mentored in periodic professional development consultations with an expert clinician researcher in the field of psychedelic-assisted psychotherapies. Our mentors are a Who's Who of the field in the U.S.
- Develop your clinical and counseling skills to an advanced level of expertise in: creating the desired qualities of the therapeutic relationship for this specialization; embodying therapeutic presence; and understanding of psychedelic research design and integration practices.

- Access our influential network of cutting-edge graduates, mentors, teachers and stakeholders through personal contact and introductions, affinity groups, and upon completion of the program, our Alumni Association.
- Specialize in your knowledge of the best therapeutic and research practices with the classic psychedelics, MDMA, and optionally, ketamine.
- Enjoy the support and conviviality of a cohort of other licensed mental health, medical professionals, and ordained clergy and chaplains with whom you might practice and/or conduct research in the future.
- Learn to be present to the ways in which you can more deeply enhance your own personal journey of transformation, well-being, and connections with your own inner healing capacities.
- Join an engaged and healing classroom atmosphere that nurtures our human capacity for aliveness and community connection.
- Expand your scope of practice within your profession to include skills and insights from the certification training that would allow you to more ably help people navigate through life's challenging and difficult states of consciousness.
- May be able to earn up to 40 approved hours of applicable Continuing Education hours or credits for eligible professions for the certificate classes. (This occurred for the 2019 and 2020 cohorts.)



APPLICATION PROCESS

Application Dates for the 2021 Class

Applications for 2021 are open beginning October 15, 2020 and will close November 30, 2020. All application materials must be uploaded on [our website](#) between the above dates. Separate documents and sections of the application may be saved, which allows the applicant to finish the submission later. The admissions application and additional materials, including optional scholarship or need-based aid application statement or letters of recommendation, must be submitted no later than November 30th. No additional materials can be added once the application has been fully submitted.

- *Applications Open:* Thursday, October 15, 2020
- *Applications Close:* Monday, November 30, 2020
- *Classes Begin:* Friday, April 9, 2021
- *Classes End:* Sunday, December 5, 2021

Our goal is that all invitations for admission, need-based aid, and scholarship awards will be given before or by February 15, 2021.

For questions regarding online application submissions, please contact the Certificate Admissions Manager, Dr. Cathy Coleman, at ccoleman@ciis.edu, or call the Center at: 1-415-575-6261.

2021 Eligibility Criteria for the Certificate

The certificate is designed for advanced professionals working in related therapeutic areas: licensed mental health clinicians, specific medical professionals, and ordained/commissioned clergy and chaplains. Licensed professionals in these specializations must have an MA/MS, MSW, RN or higher degree in behavioral health, medicine, or mental health fields. Clergy and chaplains must be trained in a recognized program with multiple teachers within one or more of the major world religions, hold an MDiv, have completed 4 units of CPE, and be ordained or commissioned prior to application. Under specific circumstances, some medical and mental health professionals, who are not yet licensed, may apply if they have completed their coursework and 1,000 supervised training hours of counseling and psychotherapy.

Only professionals who hold the following specific advanced degrees and licensure, commissions, or ordinations may apply to the certificate program:

- Marriage and Family Therapists (LMFT)
- Clinical Social Workers (LCSW)
- Professional Clinical Counselors (LPCC/LPC)
- Naturopathic Doctors (ND)
- Clinical and Counseling Psychologists (PhD/PsyD)
- Physicians and Psychiatrists (MD/DO)
- Physician Assistants (PA)
- Traditional Chinese Medicine practitioners (TCM with MA/MS)
- Registered Nurses (BSN or higher)
- Nurse Practitioners (NP with MS)
- Certified Nurse-Midwives (CNM with MS)
- Ordained Clergy and Commissioned Chaplains (with M.Div. and 4 units of CPE)
- Attorneys in counseling specialties (JD)
- Advanced Alcohol and Drug Counselors (LAADC with MA)
- Physical Therapists (PT with MA)
- Occupational Therapists (OT with MA/MS)

These are strict criteria and only people with the above degrees and credentials are eligible to apply. For these professionals, preference will be given to applicants with a substantial background in psychological treatment and/or spiritual direction in: behavioral medicine, chronic trauma and PTSD, palliative care, hospice, psychiatry, drug and alcohol rehabilitation, oncology, mediation and resolution, and/or pain management.

The Center for Psychedelic Therapies and Research especially encourages applications from eligible individuals within the above list who: identify as people of color; identify as LGBTQ+; are military veterans; are clinical CIIS and ACTCM faculty, students, alumni, supervisors, adjuncts, and staff; and/or serve marginalized and under-represented populations.

For medical professionals, clergy, chaplains, and counseling attorneys, those applicants with substantial experience in providing psychotherapy, counseling, pastoral care, mediation, and/or spiritual direction will be considered strong candidates for the certificate program.

Criteria for Clergy and Chaplains: Ordained clergy and commissioned/ordained chaplains are considered as applicants if they actively serve in pastoral counseling and spiritual direction within the well-known world religious traditions. The three requirements for this group are that they must: have earned an accredited M.Div. with study in psychology and therapeutic skills; be ordained or commissioned within a supervised traditional and established curriculum with multiple teachers; and have completed 4 units of CPE prior to application. We encourage submissions from these applicants. There is aid available for clergy and chaplains who demonstrate financial need.

Criteria for Counseling Attorneys: Only JD licensed attorneys with demonstrated supervised training and counseling work with families, couples, and individuals in several specific areas are eligible to apply. These areas are limited to: divorce mediation, child custody mediation and resolution, end-of-life counseling, estate plan counseling, family and elder law counseling, and community dispute resolution. A strong candidate will be an applicant who did this counseling work under clinical supervision in non-profit or service agencies for the benefit of marginalized populations. Counseling attorneys must have passed the bar, been licensed prior to applying, and have earned certifications in one or more of these specific areas.

Criteria for Eligible Traditional Chinese Medicine Practitioners, Physical Therapists, Advanced Alcohol and Drug Counselors, Certified Nurse-Midwives, and Occupational Therapists: These professionals must have an accredited master's or doctoral degree in one of these specific disciplines, as well as the applicable license. These specific credentials are required for the above 2021 applicants.

Eligibility for Pre-licensed Professionals: Under certain circumstances, five types of eligible mental health or medical professionals may be admitted prior to the completion of licensure requirements. These five groups of therapists are: professional clinical counselors, marriage and family therapists, clinical social workers, psychologists, and psychiatrists. Pre-licensed members of these five professions will be considered on an individual basis only if they: a) have completed their degree coursework, b) have completed 1,000 or more supervised internship or residency clinical hours in which they conducted psychotherapy and counseling and c) have two or more years of work experience in mental health fields. In all cases where an applicant is not yet licensed, the coursework and 1,000 supervised hours of psychotherapy or counseling experience must be completed prior to February 1st, 2021. To document the completion of the coursework, pre-licensed applicants will need to submit a copy of their degree's academic requirements from the university's catalog and their latest transcript.

With no exceptions, LAADCs, TCM practitioners, CNMs, counseling attorneys, clergy members, and occupational or physical therapists must have received their applicable M.Div., MA/MS, JD or PhD/PsyD degrees, CPE units, and professional licenses or ordinations prior to application.

International Licensed Medical and Mental Health Professionals: The Center welcomes and accepts applicants from outside the U.S. We review the licensing credentials from non-U.S. professional boards on a case-by-case basis. To date, we have had the pleasure of training 21 international physicians and licensed psychotherapists.

Continuing Education Hours and Credits: Trainees may earn up to 40 approved hours of applicable Continuing Education Hours and Credits for an additional administrative fee. Please see the details below of the organizations with which the certificate program has contracted to provide Continuing Education Hours and Credits.

In 2019 and 2020, to date many of the psychedelic-assisted training certificate classes were approved for CME *AMA PRA Category 1 Credit*[™] through [CME Consultants](#).

Below is the information about our co-sponsors of Continuing Education Hours for trainees who are mental health professionals and nurses. In the past 5 years these professionals have received as many as 40 approved hours of continuing education hours.

Information on Continuing Education Credit for Psychologists and Nurses

CE credits for psychologists are provided by the Spiritual Competency Resource Center (SCRC) which is co-sponsoring this program. The Spiritual Competency Resource Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Spiritual Competency Resource Center maintains responsibility for this program and its content. SCRC is approved by the California Board of Registered Nursing (BRN Provider CEP16887) for licensed nurses in California. RN/NPs will need to check with their state licensing board as to whether or not they accept programs offered by approved sponsors of CE by the California Board of Registered Nursing. For questions about the certificate regarding CEs, contact Cathy Coleman, PhD at ccoleman@ciis.edu. For questions about CE, visit www.spiritualcompetency.com or contact David Lukoff, PhD at CE@spiritualcompetency.com.

Information on Continuing Education Credit for LMFTs, LCSWs, LPCCs, and LEPs

This course meets the qualifications for hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The California Institute of Integral Studies (CIIS) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #85777). CIIS maintains responsibility for this program/course and its content.

Students are awarded a certificate of completion for course work after paying the continuing education fee and completing the CE program evaluation. Certificates are mailed to students.

2021 Application Materials

All application materials will be uploaded at www.ciis.edu/psychedeliccenter, beginning on our open admission start date of October 15, 2020. Selected candidates will be invited to interview with an admissions committee member as a requirement as the next step in application for admission. Only candidates who have turned in all of their application materials will be considered for the interview stage. This interview will be via videoconference.

A 2021 completed application will consist of the \$150 non-refundable application fee and the following materials:

- Certificate Application Form
- Background and Goal Statement
- Resume or Curriculum Vitae
- Credential Documents (for degrees, license, ordination and/or commission)
- Professional References
- Contact Hours and Supervision Form for Eligible Pre-licensed Professionals only
- Letters of Recommendation (optional)
- Scholarship and Need-Based Aid Application Statement (optional)

Certificate Application Form: Applicants will complete and submit the brief application form with their other documents. This form will be completed online when paying the application fee.

Background and Goal Statement: In 2-3 pages, you will describe your background and interest in this certificate. Tell us anything pertinent regarding your personal development and progress through the stages of licensure, commissioning, or ordination. Please include descriptions of your training in therapy, medicine, counseling law, or spiritual direction. Share how you learned the following topics didactically and where you practiced these skills and knowledge: the understanding of psychological diagnoses; understanding of the therapeutic alliance; how to conduct individual and group psychotherapy; recognition of transference and counter-transference; maintaining professional and pastoral boundaries; and confidentiality. Tell us how you integrate psychology, mindfulness, or spirituality into your own practices of personal development.

In addition, your goals are important to us. Please share with us what you hope to do with this certificate. Make sure to consider both the ways you might use this training for your current work in the world and how this training can contribute to your long-term life goals.

Resume or Curriculum Vitae: Applicants will include a resume or CV that outlines the history of their higher education, licensure, ordainment, or commission status, practica, internships, residencies, work in service to communities, pastoral care, and fieldwork.

Credential Documents: For licensed and ordained/commissioned applicants – Applicants will submit: a copy of their current license(s); commission/ordination papers and documentation of 4 units of CPE (400 hours); and/or post-graduate certifications in counseling fields. For eligible pre-licensed applicants (LPCC/LPC, MFT, LCSW, psychologist and psychiatrist) only: a) applicants will upload their most recent degree transcript (watermarked transcript copy is sufficient) and b) they will also submit a copy of their degree's specific coursework requirements from their university catalog.

Contact Hours and Supervision Form: This form is only for the 5 eligible pre-licensed professionals. This documents a pre-licensed applicant's 1,000 hours providing supervised psychotherapy, counseling, and mental health assessment during their training.

Professional References: Applicants will submit the names, email, and phone contact information of one or two current or past clinical supervisors, mentors, and/or professors who are willing to be a reference. Applications may be strengthened by submitting one or two letters of recommendation, but such letters are strictly optional. Unfortunately, no letters of reference can be accepted after an application has been fully submitted.

Scholarships and Need-based Aid

We receive funding from generous donors for scholarships for students from underrepresented communities enrolling in the Certificate in Psychedelic-Assisted Therapies and Research. These scholarships are awarded to certificate students from underrepresented populations and will help promote equity in this emerging field and access to these healing medicines for all diverse communities. For the 2020 class, the George Sarlo Foundation funded the Ricci Coddington Diversity Scholarships. We would like to thank all our certificate program graduates who generously funded scholarships since 2016. For 2020, Dr. Jesus Gomez established The BIPOC Scholarship, Dr. Denise Renye established a scholarship for a student who came from a working-class family, and Elizabeth Baer provided a scholarship for a student who identifies as a person of color. For 2020-2022, Dr. Wendy Feng has funded a three-year gift to establish The Monnica T. Williams Scholarships and The Indigenous Scholarships. We would also like to thank all our generous donors throughout the years who have made substantial gifts to provide scholarships to certificate trainees.

The certificate program sponsors significant scholarships and need-based aid for applicants under six specific criteria. We encourage applicants to apply if they meet any of the criteria. To apply for the 2021 need-based aid and scholarships, applicants will write a 1-page letter describing their membership in any of the groups below. It will help your application if you also tell us key facts about your financial situation, but this is not necessary unless you are applying based on financial need. The Scholarship and Need-based Aid statement letter is due with the application materials. Our goal is that applicants for aid will be notified on a rolling basis through February 15, 2021.

- Those in demonstrated financial need
- Those identified as people of color
- Those identified as LGBTQ+
- Those who are veterans
- Those who are serving marginalized communities
- Clinical CIIS and ACTCM faculty, students, alumni, supervisors, adjuncts, and staff

2021 Payment and Withdrawal Policies

Applications will not be considered without payment of the application fee at time of full submission.

Application Fee: \$150 non-refundable

Tuition Cost: \$9,850

Inclusive Retreat Tuition: The tuition cost covers all classes, including the shared room for each trainee’s 5-day retreat and coffee/refreshments in conference room.

Tuition Deposit: When an applicant is offered admission to the 2021 program, an initial deposit payment of at least \$1,000 of tuition cost is due within three weeks of the offer of admission or by February 1, 2021, whichever comes first. This tuition deposit payment will secure your space in the program.

Payment Schedules: The remaining \$8,850 tuition, less any scholarship or demonstrated need-based aid awarded, may be paid in one, two, or six payments.

Option	Deposit	Fee	Payment Due Dates						
One Payment	\$1000	\$0	March 1						
Two Payments	\$1000	\$50	March 1	July 1					
Six Payments	\$1000	\$100	March 1	April 1	May 1	June 1	July 1	August 1	

Continuing Education Payments (Optional): For those trainees who choose to receive the available Continuing Education Hours or Credits, there will be an additional charge of \$10 per credit or hour.

Withdrawal and Deferral Policies: Any student who wishes to withdraw or defer may do so at any point in the program. Requests for withdrawal or deferral must be documented in writing to the Director and the Admissions Manager of the program. The Admissions Manager will determine if any tuition is due back to the student, based upon the program's published payment deadlines and the date of documentation of the student's request. The CIIS business office will send students any funds due by check.

The following policies and dates apply to withdrawal from the program. Any scholarships, needs-based aid, and payment processing fees will be deducted before the tuition refund is determined. The following is the withdrawal fee schedule for students who choose to withdraw from the program.

- If the student withdraws from the certificate program **before Monday, March 15th, 2021**, all tuition paid to date will be refunded, less \$500 and any applicable payment processing fee.
- If a student withdraws from the certificate program **before Friday, April 30, 2021**, then 25% for their full tuition (minus scholarships and needs-based aid) will be due and the remainder will be refunded.
- If a student withdraws from the certificate program **on or after Friday, April 30, 2021 and before Wednesday, September 1, 2021**, then 50% of their full tuition (minus scholarships and needs-based aid) will be due and the remainder will be refunded.
- The full tuition fee of \$9,850 (minus any payment process fee, scholarships and need-based aid) is due if a student withdraws from the certificate program **on or after Wednesday, September 1, 2021**.

For both withdrawn and deferred students who wish to re-enter or re-apply to the program in the future:

- Students who have withdrawn may reapply at any time in the future but must pay the new application fee when reapplying. A student who withdrew from a previous year will need to pay all of the tuition (at beginning of program or in a payment plan option) for the new year in which they reapplied and will complete the entire new year's coursework.
- Deferred students who wish to return to the program at a later date will not need to re-apply if they paid a non-refundable deferment fee. If the deferment fee was not paid, then the student must completely reapply. A student who deferred will be given credit for any payments retained by CIIS from the original year's tuition. For a student who deferred, classes that the deferred student attended in the original year which are identical to the re-admitted year's classes will be waived.
- If requested, Continuing Education hours or credits will be awarded for classes for which the student filled out the appropriate paperwork prior to the date of withdrawal or deferral.
- Scholarships and discounts do not carry forward from the original year: new application statements for scholarships and discounts must be submitted and reviewed.

Policy for Missed Classes: Please note that students must complete the entire curriculum in order to receive the certificate. Should a student miss 1 or 2 classes of an instructor, we will consult with that student to find an appropriate make up option. This make-up assignment may potentially be at an additional cost (such as the day long Holotropic Breathwork class). Or a student may be able to opt to do a special project at possible additional cost with their mentor-supervisor. In certain cases, the student may find a class elsewhere to fulfill the requirement. All make-up classes must be approved by program staff and the student's mentor. However, there are defined circumstances involved if any student misses more than 25 hours in the classroom. They may be asked to take a portion of the certificate hours with the 2022 cohort of students. In this special case, the certificate will then be conferred sometime in 2022, rather than in 2021. We will do everything we can to create solutions for unavoidable schedule conflicts.

Special Circumstances for MAPS Modules at CIIS: Should a student miss any of the three MAPS modules, the student will need to make arrangements to make up that time with a designated MAPS representative. We interface with the student and MAPS for each individualized circumstance in order to create solutions in this case. We recommend an applicant carefully consider the cohort they are applying for and the dates of that cohort's in-person 5-day retreat. Students need to attend the designated dates for all classes and the fall retreat with their particular cohort. Should a

student miss any part of their 5-day retreat, they will need to cover their own room and board costs in the future. This will entail either joining the following year at CIIS or by making other arrangements with MAPS.

Refund Petition Process: Students who believe they have extenuating circumstances warranting a credit, refund, or adjustment of the program cost may present a petition to Dr. Janis Phelps, Center Director. The petition must include an explanation of this circumstance along with supporting documentation, which will become the property of CIIS and will not be returned. The petition must be submitted within 90 calendar days of the last day of the program.

Values of CIIS from the Office of Diversity and Inclusion: A diverse academic community offers a rich and dynamic perspective to CIIS's intellectual environment. Diversity is broader than the traditional categories of age, gender identity, national origin, race, religion, and sexual orientation. It also encompasses disability, socioeconomic status, family background, language, the level of academic preparedness, learning style, and even different communities with which our students, faculty, and staff are associated. As a result of intentional engagement with our own identities and the work of diversity, we uncover our similarities through our differences, thus allowing us to celebrate and honor our shared humanity.

Inclusion is respecting and embracing those distinctive characteristics each member of the CIIS community adds to the institution. It goes beyond numerical diversity. Inclusion is the creation of a climate where all feel valued and appreciated-where there is substantive interaction between and within groups, such that the very space becomes renewed by those included and all are willing to be challenged and enriched by the introduction of ideas, ways of knowing, and perspectives that were not originally centered. This inclusive environment best allows students, faculty, and staff to thrive as individuals and as a community.

For more information about the Office of Diversity and Inclusion, see [their page](#) on the CIIS website.

Instructions for Disability Accommodation: Students who request accommodation for a disability should contact Student Disability Services at the Office of Student Affairs by emailing sds@ciis.edu. Students will be guided through the registration procedures for accommodation. Any questions, requests for accommodation or access, or concerns regarding services for students or applicants with a disability as defined by law should be addressed to the University disability officer, who is also the Dean of Students. California Institute of Integral Studies complies with the provisions of the American with Disabilities Act (ADA) of 1990 and with Section 504 of the Rehabilitation Act of 1973. The Office of Student Affairs is responsible for working toward equal access.

Information on CIIS Student Affairs, Complaints, Services: All programs at CIIS are covered by the [Student Affairs Office](#). All departments that offer continuing education adhere to the university's complaint procedures. For more information, please follow the above link for all the services offered from the Office of Student Affairs.

University and Federal Policies:

- Certificate program registration does not constitute admission to a CIIS academic program. Students registered in certificate programs are not eligible to earn a degree. Those seeking a degree must submit an application for admission to their program of interest.
- Should a certificate program student later apply and be admitted to a CIIS degree program, no credit hours earned as a certificate program student may apply toward the requirements of the degree program.
- Students registered in certificate program are not eligible for federal financial aid, CIIS university scholarships, or CIIS student employment positions.

Curriculum of the Certificate

Module 1 – Research Foundations

- Renaissance in Research: Psychedelic-Assisted and Entactogen-Assisted Therapy
- Pharmacology and Neuroscience
- Legal Issues and Regulatory Processes
- Contemporary Clinical Research on Classic Psychedelics, MDMA and Ketamine

Module 2 – Practices for Transformation of Consciousness

- Sacraments, Shamanism Wisdom Traditions and Mystical Experiences
- Psychedelics and Entactogens: Community, Spirituality and Wellness

Module 3 - Therapist Competencies and Therapeutic Processes

- Core Competencies and Healing Presence of Therapist Guide
- Meaning Making: Preparation
- Ethics, Safety Issues and Support Skills
- Acute Distress: Challenging Processes and Adverse Effect
- Integration: Practices and Goals

Module 4 - Experience of Guiding and Being Guided in Expanded States of Consciousness

- Holotropic Breathwork weekend, guided imagery, expressive artwork and self-hypnosis
- Role-play exercises from actual psychedelic therapy sessions
- Drumming and rattling inductions

Module 5 – En Vivo and Archival Instruction

- 5-day fall retreat training program with MAPS senior instructors and supervisors focused on videos of their MDMA-assisted therapy
- Observation and discussion of specific Heffter session videos

Module 6 – Mentoring and Professional Development

- Mentor-Trainee Relationship: Each student works with a mentor during their program. These outstanding mentors are advanced practitioners with clinical and/or research expertise in the field of psychedelics. Professional development discussions, assessments and confidential integration of learning are the highlights of the mentoring process.
- Individualized Professional Development: Students further expand their expertise in psychedelic-assisted therapies and research through 8 hours of individualized experiential training. In consultation with their mentor, students choose among a variety of options for fulfilling these hours: workshop offerings, book clubs, topical consultation groups, as well as ketamine-assisted psychotherapy training with affiliated instructors. Any trainings not provided by the certificate program, such as the ketamine-assisted psychotherapy training, may have a separate fee.

Module 7 - Online Learning: MAPS Module Part A

- This 14-hour home study online course outlines chemistry and history of MDMA, common reactions, possible mechanisms of action, and study design.
- The online course was developed out of content from the MAPS Treatment Manual, study protocols, and scientific literature on the subject.



California Institute of Integral Studies

Online Information Sessions on the 2021 Certificate Program

Find out more! Meet Dr. Cathy Coleman and Dr. Maria Mangini and several graduates of the Center for Psychedelic Therapies and Research and learn what this professional certificate program is all about. Ask questions after a presentation on the format of the training program.

Hear why we designed the certificate, how you will benefit from it, and how you can be a part of the long-term vision. Learn how the certificate program can advance your progress toward your professional goals. Hear details about the choice of the Boston or San Francisco cohort.

For a Preview of the Information Session: Watch Director Dr. Janis Phelps present about the program at the PS17 Psychedelic Sciences Conference, April 23, 2017: <https://www.youtube.com/watch?v=D1TvgGeMH6Q>

ONLINE INFORMATION SESSIONS: To attend a free Information Session, *please RSVP at the links below for your preferred date*. This will be an interactive videoconference via Zoom. Come for all or part of any Information Session. You will receive a confirmation shortly after you register using the Zoom links below.

- **Thursday, October 1st, 4 p.m. – 5:30 p.m. PT | 7 p.m. – 8:30 p.m. ET**
- **Saturday, Oct. 10th, 12 p.m. – 1 p.m. PT | 3 p.m. – 4 p.m. ET**
- **Monday, Nov. 9th, 4 p.m. – 5:30 p.m. PT | 7 p.m. – 8:30 p.m. ET**



Contact Information

For application processing and Information Sessions questions, contact:

- Cathy Coleman, PhD, Admissions Manager | Certificate Manager, Center for Psychedelic Therapies and Research at: 1-415-575-6261 or ccoleman@ciis.edu.
- Leslie Carson, MS, LPCC, Admission Project Assistant, and Certificate in Psychedelic-Assisted Therapies and Research Graduate 2017 at: admincptr@ciis.edu.

For more program details, see our website at: www.ciis.edu/psychedeliccenter.