



# California Institute of Integral Studies

## The Center for Psychedelic Therapies and Research

### The 2020 Certificate Program in Psychedelic-Assisted Therapies and Research

#### Quick FAQs about the 2020 Certificate Program:

- The 2020 classes run from March 13, 2020 to November 8, 2020.
- Eligibility criteria are strictly limited to specific licensed medical and mental health professionals, counseling attorneys, ordained clergy and commissioned chaplains.
- The application period for 2020 is open from September 15, 2019 to October 31, 2019.
- Applications will be reviewed on rolling basis, so apply early.
- Interested in learning more details? Find out at [www.ciis.edu/psychedeliccenter](http://www.ciis.edu/psychedeliccenter).

Dr. Janis Phelps, Director  
Center for Psychedelic Therapies and Research  
California Institute of Integral Studies  
1453 Mission Street  
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## About the Program

This Certificate Program is housed in the CIIS Center for Psychedelic Therapies and Research. The Center also provides diverse public education about psychedelic research and the use of psychedelics in psychotherapy from the past decades, as well as teaching on topics such as creativity enhancement, consciousness studies, comparative mysticism, well-being enrichment and harm reduction. Book readings and lectures by scholars of psychedelic medicines have been presented since 2015.

The Psychedelic-Assisted Therapies and Research Certificate serves a growing need for the training of skilled therapist researchers who will ideally seek advanced training for future FDA-approved psychedelic-assisted and entactogen-assisted psychotherapy research. Enrollees are professionals in specific licensed mental health and medical professions, as well as eligible ordained or commissioned clergy and chaplains.

The roots of this Certificate are in the work of scholars and researchers on psychedelic-assisted psychotherapies, transpersonal psychology, consciousness studies, psychoanalysis, comparative mysticism, and anthropology. While this Certificate program emphasizes the therapeutic models of psychedelic research, we will address the philosophy and theory from these other scholarly traditions as well. CIIS has an outstanding reputation of 50 years in graduate education that integrates consciousness studies and psychology, including psychedelic studies.

## Format and Development of the Certificate

The format of instruction and curriculum has been developed by Dr. Janis Phelps, Director of the Center for Psychedelic Therapies and Research, in collaboration with many clinicians and researchers in the field. As former Dean of Faculty for the School of Humanities and Social Sciences, Dr. Phelps was well positioned to create a multidisciplinary team of teachers from across the United States and Canada. The certificate training program is conducted during an eight month period with a summer break.

The Certificate program course schedule is comprised of four weekend workshops and one weeklong residential program. The curriculum entails 180 total hours of instruction, including 120 of in-class learning and 60 hours of online video instruction, volunteer work and mentoring. This semi-hybrid online and in-classroom program is a benefit for trainees who come from U.S. regions beyond California and other countries.

The learning environment is in the form of lectures, small group discussion, experiential learning (e.g., Holotropic Breathwork, role-play, guided imagery, expressive arts, journaling) and applied work in clinical and therapeutic settings. Classes begin March 13, 2020 and end on November 8, 2020. The weeklong training in June 21-27 will be held at the Earthrise Retreat Center in Petaluma, California, 50 miles north of San Francisco, and is done in conjunction with Multidisciplinary Association for Psychedelic Studies (MAPS). The founding trainers from MAPS, Dr. Michael Mithoefer and Annie Mithoefer, RN, will be our training's expert instructors. Trainees receive instruction in new clinical applications of ketamine-assisted therapies. A special fall experiential weekend in September will include sessions of Holotropic Breathwork with Diane Haug who is a lead international teacher of

the Grof Transpersonal Training. Opportunities for training in ketamine-assisted therapy will be offered either through volunteer work for credit or as an optional learning program.

## Philosophy and Goals of the Certificate

Consistent with CIIS ideals, this certificate strives to encompass all aspects of learning: intellectual/didactic, personal/experiential and applied (clinical and pastoral work). The research and therapy training will be done with processes embedded in self-reflection, community-building and embodied ways of knowing and mentoring. The global wisdom traditions related to alterations of consciousness (meditation, yoga, fasting, solo wilderness retreats, healing methods, etc.) will play a role in the theoretical underpinnings of the curriculum, as well as being directly enacted as part of the personal/experiential aspect of the training. It is important to note that at no time does the program promote or require the use of psychedelic drugs in any manner. Students taking the Certificate will learn about the competencies required of therapist guides in FDA-approved medical treatment and psychedelic research. An exception to this can be if a student chooses to get volunteer work credit in a ketamine clinic, which may involve an opportunity to experience ketamine on a case-by-case basis.

## Institutional Partners and Acknowledgements

Many renowned researchers and scholars have advised and supported the development of this certificate program at CIIS. They represent the prominent U.S. and Canadian research centers that are funded by the Heffter Research Institute (HRI), Multidisciplinary Association for Psychedelic Studies (MAPS), the Council on Spiritual Practices (CSP) and the Usona Institute.

We would like to publicly thank the following key thinkers and researchers for their significant contributions to the development of this Certificate. Thank you to Anthony Bossis and Jeffrey Guss (NYU); Nicholas Cozzi (U. of Wisconsin); Rick Doblin, Michael Mithoefer, Annie Mithoefer, and Karen Cooper (MAPS); George Goldsmith (Compass); Betsy Gordon, George Greer, and David Nichols (Heffter); Roland Griffiths and William Richards (Johns Hopkins U.); Charles Grob (UCLA); Stanislav Grof; Robert Jesse (CSP and Usona); Ralph Metzner; Ron Mis; and Dick Simon.

We give a deeply felt and hearty acknowledgement especially to Dr. William Richards of Johns Hopkins University and to Robert Jesse of the Council on Spiritual Practices and Usona Institute for their tireless, consistently inspired and wise counsel on multiple levels of this Certificate training program.



## Planned 2020 Certificate Teachers:

- Dr. Paul Abramson (UC San Francisco)
- Dr. Brian Anderson (UC San Francisco)
- Dr. Anthony Bossis (New York University)
- Dr. Susana Bustos (CIIS)
- Karen Cooper, RN (MAPS Ft. Collins, Colorado)
- Mary Cosimano, MSW (Johns Hopkins University)
- Dr. Nick Cozzi (University of Wisconsin)

- Dr. Alicia Danforth (UCLA)
- Dr. Rick Doblin (MAPS)
- Dr. Wendy Feng (UC San Francisco)
- Dr. Amy Emerson (MAPS)
- George Goldsmith (Compass)
- Dr. George Greer (Heffter Co-founder)
- Dr. Charles Grob (UCLA, Heffter Co-founder)
- Dr. Stanislav Grof
- Dr. Jeffrey Guss (New York University)
- Diane Haug, LPC (Grof Transpersonal Training)
- Patricia James (Cheyenne Pipe Carrier)
- Bob Jesse (Council on Spiritual Practices, Heffter and Usona)
- Dr. Maria Mangini (Holy Names University and CIIS)
- Dr. Gabor Mate
- Dr. Natalie Metz (CIIS)
- Dr. Michael Mithoefer (MAPS, 7-day June training retreat)
- Annie Mithoefer, RN (MAPS, 7-day June training retreat)
- Dr. David Nichols (Heffter Co-founder)
- Andrew Penn, RN/NP (UCSF School of Nursing)
- Dr. Janis Phelps (CIIS)
- Dr. David Presti (UC Berkeley)
- Dr. Charles Raison (Usona Institute)
- Dr. William Richards (Johns Hopkins University)
- Dick Simon (YPO, Psychedelic Group)
- Dr. Malynn Utzinger (Usona Institute)
- Dr. Berra Yazar-Klosinski (MAPS)
- Other scholars and teachers TBD

## Dates for Weekends and Retreat for the 2020 Certificate

For full list of 2016 to 2019 classes, instructors and class descriptions, see [www.ciis.edu/psychedeliccenter](http://www.ciis.edu/psychedeliccenter).

March 13 <sup>th</sup> , 14 <sup>th</sup> and 15 <sup>th</sup> , 2020	Welcome Weekend at CIIS
May 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3 <sup>rd</sup> , 2020	Weekend at CIIS
June 21 <sup>st</sup> to 27 <sup>th</sup> , 2020	June Training Program at EarthRise Retreat Center, Petaluma, CA.
SUMMER BREAK	
September 18 <sup>th</sup> , 19 <sup>th</sup> and 20 <sup>th</sup> , 2020	Weekend of Holotropic Breathwork experiential work
November 6 <sup>th</sup> , 7 <sup>th</sup> and 8 <sup>th</sup> , 2020	Weekend at CIIS and Graduation

### The Daily Schedule for the Weekends at CIIS:

Fridays from 1 pm. to 8:30 pm.  
 Saturdays from 9 am. to 5:30 pm. and 7 pm. to 9 pm.  
 Sundays from 9 am. to 1 pm.

### The Schedule for the June 2020 Residential Retreat:

The 7-day June Retreat at the EarthRise Retreat Center, 1 hour north of San Francisco in Petaluma:  
Begins Sunday, June 21<sup>st</sup> at 3 pm. and ends on Saturday, June 27<sup>th</sup> at 1 pm.

## **What Can I Do with this Certificate in Psychedelic-Assisted Therapies and Research?**

Three primary opportunities await you as a Certificate graduate:

- 1) Our Certificate graduates will have a strong foundation in skills and knowledge at a high standard for entry level training, which will ideally be finalized in advanced training at a psychedelic-assisted and/or entactogen-assisted psychotherapy research center affiliated with Usona, MAPS or HRI. Certificate graduates, pending pursuit of further HRI or MAPS advanced training, could be brought in to sit as study therapists in ongoing psychedelic research projects. This is dependent on the unfolding regulatory processes, the attainment of advanced training, and the available number of therapist researcher positions. Training in ketamine-assisted psychotherapy will facilitate graduates in the exploration of the possibilities of expanding their practice into this area of clinical treatment.
- 2) Most experts in this field are predicting that in one to three years, in the midst of the next stage of research (phase 3), the leading psychedelic researchers will initiate applications for expanded access clinical research programs to the FDA for MDMA and psilocybin. As of August 2019, MAPS is in the process of speaking with the FDA about approval of their expanded access protocol. The psilocybin researchers in the US are a year or two away from being a position to speak to the FDA about expanded access. Expanded access for investigational drugs is designed for medicines that have been determined by the FDA to have sufficient efficacy and baseline safety, but are not yet fully approved for the researched symptomologies. While the FDA's response to the applications will not be known until then, the first permitted expanded access could be for people whose medical conditions meet FDA criteria for severe chronic trauma (PTSD) or major depressive disorder (MDD). At CIIS we are working with Heffter and MAPS for our graduates to receive advanced training in order for them to be key prospects for these potential opportunities.
- 3) Graduates of the certificate program have an ability to serve people in our culture who have used psychedelics or other potent practices (e.g., breathwork) with insufficient support for the challenging experiences that sometimes occur and less than ideal support for the full unfolding of even positive experiences. With this training our graduates will be skilled in addressing psychological material that has arisen as a result of their clients' and congregation members' personal psychedelic use. Graduates might choose to make this integration work a specialization within their practices and communities.

## **What are the Benefits of Attending the Certificate Program in Psychedelic-Assisted Therapies and Research?**

*By enrolling in this Certificate, you will:*

Have a unique opportunity to train with most of the prominent psychedelic researchers and therapists in the United States and Canada.

Become a member of the founding years of the CIIS Certificate for Psychedelic-Assisted Therapies and Research.

Be mentored in periodic supervision with an expert clinician and/or researcher in the field of psychedelic-assisted psychotherapies. Our mentors are a Who's Who of the field in the U.S.

Develop your clinical and counseling skills to an advanced level of expertise that utilizes: sacred knowledge, skills for creating the desired qualities of therapeutic relationship for this specialization, new skills in therapeutic presence, advanced psychedelic research design knowledge, and astute integration of protocols for set and setting with psychedelic substances.

Specialize in your knowledge of the best therapeutic and research practices with the classic psychedelics, MDMA, and ketamine.

Enjoy the support and conviviality of a cohort of other licensed mental health and medical professionals, clergy and chaplains with whom you might practice and/or conduct research in the future.

Learn to be present to the ways in which you can more deeply promote your own personal journey of transformation, well-being and connections with your own inner healer.

Join an engaged and healing classroom atmosphere that nurtures our human capacity for aliveness, well-being and community.

Expand your scope of practice within your profession to include skills and insights from the certification training that would allow you to more ably help people navigate through life's challenging and difficult states of consciousness.

May be able to apply for 25-40 hours of applicable Continuing Education hours for eligible professions for this Certificate.



## APPLICATION PROCESS

### Eligible Applicants for the Certificate:

The certificate is designed for advanced professionals working in related therapeutic areas: licensed mental health clinicians and medical professionals, as well as ordained/commissioned clergy and chaplains. Licensed professionals in these specializations must have an MA, MSW, RN or higher degree in behavioral health, medicine, or mental health fields. Clergy and chaplains must be trained within one or more of the major world religions, hold an MDiv, completed 4 units of CPE, and be ordained or commissioned prior to application. Under specific circumstances, specific medical and mental health professionals, who are not yet licensed, may apply if they have completed their coursework and 1,000 supervised training hours of counseling and psychotherapy.

Only professionals who hold the following specific advanced degrees and licensure, commissions, or ordinations may apply to the certificate program:

- Professional Clinical Counselors (LPCC/LPC)
- Marriage and Family Therapists
- Clinical Social Workers (LCSW)
- Occupational Therapists (OT with MA)
- Registered Nurses
- Nurse Practitioners
- Naturopathic Doctors (ND)
- Clinical and Counseling Psychologists
- Ordained Clergy and Commissioned Chaplains (with M.Div. and 4 units of CPE)

- Physicians and Psychiatrists
- Physician Assistants
- Traditional Chinese Medicine practitioners (TCM with an MA/MS)
- Attorneys in counseling specialties (JD)
- Advanced Alcohol and Drug Counselors (LAADC with MA)
- Physical Therapists (PT with an MA)

These are strict criteria and only people with the above degrees and credentials are eligible to apply. For these professionals, preference will be given to applicants with a substantial background in psychological treatment and/or spiritual direction in: behavioral medicine, chronic trauma and PTSD, palliative care, hospice, psychiatry, drug and alcohol rehabilitation, oncology, mediation and resolution, and/or pain management.

The Center for Psychedelic Therapies and Research especially encourages applications from eligible individuals within the above list who: are military veterans; identify as people of color; and/or serve marginalized and under-represented populations.

For medical professionals, clergy, chaplains, and counseling attorneys, those applicants with substantial experience in providing psychotherapy, counseling, pastoral care, and/or mediation will be considered strong candidates for the certificate program.

Criteria for Clergy and Chaplains: Ordained clergy and commissioned/ordained chaplains are considered as applicants if they serve in pastoral counseling and spiritual direction within the well-known world religious traditions. The three requirements for this group are that they must: have earned an accredited M.Div. with study in psychology and therapeutic skills; be ordained or commissioned; and have completed 4 units of CPE prior to application.

Criteria for Counseling Attorneys: Only JD licensed attorneys with demonstrated supervised training and counseling work with families, couples and individuals in several specific areas are eligible to apply. These areas are limited to: divorce mediation, custody mediation and resolution, end-of-life counseling, family and elder law counseling, and community dispute resolution. A strong candidate will be an applicant who did this counseling work under clinical supervision in non-profits or service agencies for the benefit of marginalized populations. Counseling attorneys must have passed the bar, been licensed prior to applying, and have earned certifications in one or more of these specific areas.

Criteria for Eligible Traditional Chinese Medicine Practitioners, Physical Therapists, Advanced Alcohol and Drug Counselors, and Occupational Therapists: These professionals must have an accredited masters or doctoral degree in mental health, medicine, or behavioral health, as well as the applicable license. These specific credentials are required for these 2020 applicants.

Eligibility for Pre-licensed Professionals: Under certain circumstances, other eligible mental health or medical professionals may be admitted prior to the completion of licensure requirements. Eligible mental health and medical professionals who are not yet licensed will be considered on an individual basis only if they: a) have completed their degree coursework, b) have completed 1,000 or more supervised internship or residency clinical hours in which they conducted psychotherapy and counseling and c) have two or more years of work experience in mental health fields. In all cases where an applicant is not yet licensed, coursework and 1,000 supervised hours of psychotherapy or counseling experience must be completed prior to the start of the certificate program on February 1, 2020. To document the completion of the coursework, pre-licensed applicants will need to include a copy of their degree's academic requirements from the university's catalog and their latest transcript.

With no exceptions, LAADCs, TCM practitioners, counseling attorneys, clergy members, and occupational or physical therapists must have received their M.Div., MA, JD or PhD/PsyD degrees and professional licenses or ordinations prior to application.

International Licensed Medical and Mental Health Professionals: The Center welcomes and accepts applicants from outside the U.S. We review the licensing credentials from non-U.S. professional boards on a case-by-case basis. To date, we have had the pleasure of training 18 international physicians and licensed psychotherapists.

Continuing Education Credits: Trainees may apply for 25 to 40 hours of applicable Continuing Education Hours for an additional administrative fee. Please see the details below of the organizations with which the certificate program has contracted to provide Continuing Education Hours.

*Information on Continuing Education Credit for Psychologists*

CE credits for psychologists are provided by the Spiritual Competency Resource Center (SCRC) which is co-sponsoring this program. The Spiritual Competency Resource Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Spiritual Competency Resource Center maintains responsibility for this program and its content. SCRC is approved by the California Board of Registered Nursing (BRN Provider CEP16887) for licensed nurses in California. RN/NPs will need to check with their state licensing board as to whether or not they accept programs offered by approved sponsors of CE by the California Board of Registered Nursing. For questions about the certificate regarding CEs, contact Cathy Coleman, PhD at [ccoleman@ciis.edu](mailto:ccoleman@ciis.edu). For questions about CE, visit [www.spiritualcompetency.com](http://www.spiritualcompetency.com) or contact David Lukoff, PhD at [CE@spiritualcompetency.com](mailto:CE@spiritualcompetency.com).

*Information on Continuing Education Credit for LMFTs, LCSWs, LPCCs, and LEPs*

This course meets the qualifications for hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The California Institute of Integral Studies (CIIS) is approved by the California Association of Marriage and Family Therapists (<https://www.camft.org>) to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #85777). CIIS maintains responsibility for this program/course and its content.

Students will be awarded a certificate of completion for course work after paying the continuing education fee and completing the program evaluation. Certificates will be mailed to students.

## 2020 Application Materials:

All application materials will be uploaded at [www.ciis.edu/psychedeliccenter](http://www.ciis.edu/psychedeliccenter), beginning on our open admission start date of September 15, 2020. Selected candidates with completed files will be invited for an interview as a requirement of the next step in application for admission. This interview will be via videoconference or telephone.

A 2020 completed application will consist of the \$150 non-refundable deposit and the following materials:

- Certificate Application Form
- Background and Goal Statement
- Resume or Curriculum Vitae
- Contact Hours and Supervision Form
- Professional References
- Credential Documentation
- Optional: Scholarship and Special Tuition Discount Application

Certificate Application Form: Applicants will complete and submit the brief application form with their other documents. This form will be completed online when paying the deposit.

Background and Goal Statement: In 2-3 pages, please describe your background and interest in this certificate in the following areas. Tell us anything pertinent regarding your personal development and progress through the stages of licensure, commissioning or ordination. Tell us how you integrate psychology and spirituality into your own practices of personal inner development. In addition, your goals are important to us. Please share with us what you

hope to do with this certificate in your work in the world: in psychotherapy, research, conflict resolution, spiritual direction, and/or medical care.

**Resume or Curriculum Vitae:** Applicants will include a short resume or CV that outlines the history of their higher education, licensure, ordainment, or commission status, practica, internships, residencies, work in service to communities, pastoral care, and fieldwork.

**Credentials Documentation:** Applicants will submit: a copy of their current license(s); commission/ordination papers and documentation of 4 units of CPE (400 hours); and/or post-graduate certifications in counseling fields. For eligible pre-licensed applicants only: a) they will upload their most recent degree transcript (watermarked transcript copy is sufficient) and b) also submit a copy of their degree's coursework requirements from the university catalog.

**Contact Hours & Supervision Form:** This form documents an applicant's psychotherapy, counseling, mental health assessment, spiritual direction, and supervision during and since their training.

**Professional References:** Applicants will submit the names and contact information of one or two current or past supervisors, and/or professors as references. Reference letters are not required, but may be submitted with your application. No letters of reference will be accepted after your application has been filed.

### **Scholarships and Special Discounts:**

We do receive some funding for scholarships for students from underrepresented communities enrolling in the Certificate in Psychedelic-Assisted Therapies and Research. The George Sarlo Foundation of the Jewish Community Federation and Endowment Fund generously established the Ricci Coddington Diversity Scholarships. These scholarships will be awarded to certificate students from underrepresented populations and will help promote equity in this emerging field and access to these healing medicines for all diverse communities. We would like to thank CIIS Trustee Betsy Gordon, donors Robert Barnhart, Jennifer Allen, and John Hain and the Limina Foundation who have each made gifts to provide scholarships to underrepresented certificate trainees.

To apply for the 2020 discounts and scholarships, applicants will write a 1-page letter describing their membership in any of the groups below. It will help your application if you also tell us key facts about your financial situation. Applicants may receive only one type of special discount or scholarship. The Scholarship and Special Discount statement letter is due with the application materials. Funds will be disbursed on a first come, first served basis, so apply early. Our goal is that applicants for aid will be notified on a rolling basis and by Sunday, December 15, 2019.

- Those who are veterans
- Those identified as people of color
- Those in demonstrated financial need
- Clinical CIIS and ACTCM faculty, students, alumni, supervisors, adjuncts, and staff

## Application Dates for the 2020 Class:

*Applications for 2020 are open beginning September 15, 2019 and will close October 31, 2019. All application materials must be uploaded at [www.ciis.edu/psychedelliccenter](http://www.ciis.edu/psychedelliccenter) between the above dates. All application materials will need to be uploaded at one time. No additional materials can be added to the file once you have submitted your application.*

Applications will be received and processed on a rolling basis beginning September 15<sup>th</sup>. We recommend that you apply early because we will be admitting on a rolling basis.

We plan that all invitations for admission and scholarship awards will be given before or by December 15, 2019.

For questions regarding online application submissions, please contact the Certificate Admissions Manager, Dr. Cathy Coleman, at [ccoleman@ciis.edu](mailto:ccoleman@ciis.edu). Or call the Center at: 1-415-575-6243.

## Fees and Payments:

*Application Fee:* \$150 non-refundable

*Tuition Cost:* \$10,000 Tuition cost covers all the training during CIIS weekends and complete room and board in residence for the 7-day June retreat.

*Applications Open:* September 15, 2019

*Applications Close:* October 31, 2019 (both admissions and financial aid applications)

*Inclusive Tuition:* The tuition cost covers all the training during on-site CIIS weekends and the entire room and board for the June week-long retreat at the EarthRise Retreat Center in Petaluma, California (50 miles north of San Francisco).

### *Payment and Cancellation Policies:*

An initial tuition payment of at least 25% of tuition is due **by February 1, 2020**, to secure your space in the program. *An installment payment schedule is available.*

If a student withdraws *before Thursday, April 30, 2020*, 25% of the full fee (\$2,500) will be due. If a student withdraws *before Saturday, June 20, 2020*, 50% of the full fee (\$5,000) will be due. The full fee of \$10,000 (minus any scholarships or discounts given) is due if a student withdraws *on or after Saturday, June 20th, 2020*.

### **Instructions for Disability Accommodation**

Students who request accommodation for a disability should contact Student Disability Services at the Office of Student Affairs by emailing [sds@ciis.edu](mailto:sds@ciis.edu). Students will be guided through the registration procedures for accommodation. Any questions, requests for accommodation or access, or concerns regarding services for students or applicants with a disability as defined by law should be addressed to the University disability officer, who is also the Dean of Students.

California Institute of Integral Studies complies with the provisions of the American with Disabilities Act (ADA) of 1990 and with Section 504 of the Rehabilitation Act of 1973. The Office of Student Affairs is responsible for working toward equal access.

More information can be found on the [Student Disability Services page of MyCIIS](#).

### **Student Handbook: Information on Student Affairs, Complaints, Services**

All programs at CIIS are covered by the Student Affairs office. All departments that offer continuing education adhere to the university's complaint procedures. Click here for the [Student Handbook](#) for more information.

## Curriculum of the Certificate

**Hybrid Residential and Online Modules:** The 180-hour certificate program includes 5 long weekends in the San Francisco Bay Area at CIIS; a 7-day residential Bay Area retreat in June; 35 hours of mentoring and volunteer work; and 25 online hours of review of instructional videos of the didactic modules. Thus, this well-organized hybrid academic program entails 120 hours of residential study in the San Francisco Bay Area and 60 hours of study and practice at home.

### Module 1 – Research Foundations

- Renaissance in Research: Psychedelic-Assisted and Entactogen-Assisted Therapy
- Pharmacology and Neuroscience
- Legal Issues and Regulatory Processes
- Contemporary Clinical Research on Classic Psychedelics, MDMA and Ketamine

### Module 2 – Practices for Transformation of Consciousness

- Sacraments, Shamanism Wisdom Traditions and Mystical Experiences
- Psychedelics and Entactogens: Community, Spirituality and Wellness

### Module 3 - Therapist Competencies and Therapeutic Processes

- Core Competencies and Healing Presence of Therapist Guide
- Meaning Making: Preparation
- Ethics, Safety Issues and Support Skills
- Acute Distress: Challenging Processes and Adverse Effect
- Integration: Practices and Goals

### Module 4 - Experience of Guiding and Being Guided in Expanded States of Consciousness

- Holotropic Breathwork weekend, guided imagery, expressive artwork and self-hypnosis
- Role-play exercises from actual psychedelic therapy sessions
- Drumming and rattling inductions

### Module 5 – En Vivo and Archival Instruction

- 7-day June retreat training program with the Mithoefers of MAPS focused on videos of their therapy sessions
- Observation and discussion of specific Heffter session videos

### Module 6 – Mentoring, Professional Development and Volunteer Work

- Mentor-Trainee Relationship: Each student will work with a mentor from the list of clinically oriented or clergy members on our Council of Advisors or the Bay Area certificate teachers. These mentors will be advanced practitioners in their area of expertise. Professional development discussions, assessments and confidential integration of learning will occur.
- Volunteer Work (Applications of Learning): Students will volunteer for 20 hours or more in a setting with special populations, such as: hospice, suicide hotline, rehabilitation center, the hotline for the Spiritual Emergence Network, a Crisis Response Team or the ER, the Zendo or Full Circle Tea House at festivals, and/or serve as an adherence or fidelity rater for HRI or MAPS. Students may petition to replace some or all of their volunteer work with optional Module 4 experiences, if they have had ample experience in working with people in clinically difficult states of consciousness.

### Module 7 - Online Learning: Research, Pharmacology, Therapist Competencies & Ethics

- Observation of selected instructional videos
- Course video modules taught by Heffter, MAPS, and Usona researchers & other scholars



# California Institute of Integral Studies

## Information Sessions on the 2020 Certificate Program

**Find out more!** Meet Dr. Cathy Coleman and Dr. Maria Mangini and several graduates of the Center for Psychedelic Therapies and Research, and learn what this professional certificate program is all about. Ask questions and look around the campus or take advantage of our online sessions

Hear why we designed the certificate, how you will benefit from it, and how you can be a part of the long-term vision. Learn how the certificate program can advance your progress toward your professional goals.

**Location for In-Person Sessions:** CIIS Main Building, 1453 Mission Street, San Francisco CA 94103

**For a Preview of the Information Session:** Watch Director Dr. Janis Phelps present about the program to 160 people at the PS17 Psychedelic Sciences Conference, April 23, 2017:  
<https://www.youtube.com/watch?v=D1TvgGeMH6Q>

INFORMATION SESSION: To attend this Information Session, *please RSVP at:* [www.ciis.edu/psychedeliccenter](http://www.ciis.edu/psychedeliccenter). This will be an interactive videoconference via Zoom.

Online via Zoom: Thursday, October 3 from 5 pm. to 6:30 pm. PDT

\*There is no charge for this events. Come for all or part of this information session.

### Contact Information:

For application processing and Information Sessions questions, contact:

Cathy Coleman, PhD, Admissions Manager | Certificate Manager, Center for Psychedelic Therapies and Research at [ccoleman@ciis.edu](mailto:ccoleman@ciis.edu)

Laura Pustarfi, PhD, Center Manager, Certificate for Psychedelic Therapies and Research at [lpustarfi@ciis.edu](mailto:lpustarfi@ciis.edu)

Center Phone Number: 1-415-575-6243.

For more program details, see our website at:  
[www.ciis.edu/psychedeliccenter](http://www.ciis.edu/psychedeliccenter).