



# California Institute of Integral Studies

## Master of Arts (MA) in Community Mental Health

### Program Learning Outcomes – MCP CMH MA

#### **Masters in Counseling Psychology (MCP) - Understanding the Psychotherapy Profession**

**1.0 [Foundational] Students will demonstrate a breadth of knowledge of the responsibilities of licensed psychotherapists in CA evidenced by the Group Practicum Case Write-Up and the Trainee Clinical Evaluations.**

- 1.1 Assessment, diagnosis, prognosis
- 1.2 Treatment planning
- 1.3 Treatment and evaluation grounded in psychotherapeutic theory

**2.0 [Mastery] Students will demonstrate breadth of knowledge in the requirements of the mental health service act for professional practice in CA [CMH Focus] evidenced by the Group Practicum Case Write-Up and the Trainee Clinical Evaluations.**

- 2.1 Principles of mental health recovery-oriented care and methods of service delivery in recovery-oriented practice environments
- 2.2 Case management, systems of care for the severely mentally ill
- 2.3 Public and private services for the severely mentally ill
- 2.4 Community resources for victims of abuse, disaster and trauma response
- 2.5 Advocacy for the severely mentally ill, and collaborative treatment.

#### **Masters in Counseling Psychology (MCP) - Effective Clinical Practice in Community Mental Health Settings as evidenced by the Group Practicum Case Write-Up and the Trainee Clinical Evaluations.**

**3.0 [Clinical Effectiveness] Students will demonstrate depth and breadth of understanding in areas including, but not limited to:**

- 3.1 Psychotherapy theory
- 3.2 Ethics
- 3.3 Research methods
- 3.4 Cultural diversity
- 3.5 Psychopharmacology
- 3.6 Issues relevant to adult and child clinical populations (including the recognition of and reporting of abuse)

3.7 Students will be able to apply this knowledge to clinical cases.

**Masters in Counseling Psychology (MCP) - Professional Orientation, Ethical Practice and Personal and Professional Growth as evidenced by the evaluations of clinical work in the Trainee Clinical Evaluations.**

***4.0 [Foundational] Students will experience significant personal growth in the context of the Masters of Arts in Counseling Psychology program and will actively bridge their inner experience and development as people with their preparation to work as professional psychotherapists.***

4.1 [Mastery] Students will develop the capacity for effective professional interactions with clients, their advocates and family members, professional colleagues and peers.

4.2 [Clinical Effectiveness] Students will demonstrate a capacity to take supervision, guidance and direction in the conduct of their coursework.

**Masters in Counseling Psychology (MCP) - Cultural Competency, Cultural Humility, and Cross-Cultural Interaction as evidenced by the clinical case write-up in Group Practicum coursework and the successful completion of the Integrative Final Project.**

***5.0 [Foundational] Students will actively engage in an exploration of their own filters and biases, seek to understand those who are different, and develop competencies in applying diversity sensitivity to their clinical practice.***

***6.0 [Clinical Effectiveness] Students will demonstrate a breadth of understanding of the multicultural communities and individuals with whom they.***

6.1 Multicultural competency shall include the ability to work with individuals, families and communities with diverse racial, ethnic, and cultural heritage; socioeconomic status; age; gender; sexual orientation; and religious and spiritual beliefs, as well as physical, emotional, and mental abilities.

**Masters in Counseling Psychology (MCP) - Research and Program Evaluation that includes both evidence based practices as well as practice based evidence, as evidenced by successful completion and presentation of the Integrative Final Project.**

***7.0 [Foundational] Students will demonstrate an understanding of research methods, statistical analysis, needs assessment, and program evaluation sufficient to comprehend and integrate current literature in the field psychotherapy and related disciplines.***

***8.0 [Mastery] Students will demonstrate knowledge of empirically supported clinical interventions and evidence ability to select treatments for individual clients given this literature.***

**Masters in Counseling Psychology (MCP) - Preparation and meeting professional licensing requirements as evidenced by successful completion of all BBSE required courses in the curriculum plan and by the rates of BBSE licensure of CMH students.**

***9.0 [Mastery] Students will demonstrate fulfillment of coursework and other pre-degree licensing requirements outlined by the Board of Behavioral Sciences.***