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California Institute of Integral Studies

1453 Mission St., San Francisco, CA 94103

Contact: Valerie Chow Bush, Director of Communications, 415.575.6165,

vbush@ciis.edu

Photo of Jean Shinoda Bolen available upon request.

Marin Psychiatrist and Author Jean Shinoda Bolen to Speak at CIIS's "Lunch for the Soul" Series in Sausalito

San Francisco (October 18, 2006)---Renowned Marin psychiatrist, Jungian analyst, and author Jean Shinoda Bolen will speak at California Institute of Integral Studies' (CIIS) "Lunch for the Soul" on Friday, November 3, at Gaylord India Restaurant in Sausalito.

The lunchtime series introduces the Marin community to scholars, scientists, health professionals, authors, community leaders, and artists, among others, whose life work reflects CIIS's mission of integrative education and embodied spirituality.

"We've selected speakers who meet the world with personal and professional spiritual strength and purpose, and who work tirelessly in areas that matter to CIIS: peace, social justice, integrative health, transformative leadership, and spiritual development, to name a few," said CIIS President Joseph Subbiondo.

The lunch series, cosponsored by the *Pacific Sun*, was launched last month, with pioneering cardiologist Dean Ornish, MD, as the speaker. More than 60 people attended this inaugural event.

On November 3, Jean Shinoda Bolen, MD, will speak on "The Grail: Healing Story for the Psyche and Planet."

Dr. Bolen, a Marin resident, is a psychiatrist, Jungian analyst, clinical professor of psychiatry at the University of California at San Francisco, and an internationally known speaker who draws from spiritual, feminist, Jungian, medical, and personal wellsprings of experience. She is the author of *The Tao of Psychology*, *Goddesses in Everywoman*, *Gods in Everyman*, *Ring of Power*, *Crossing to Avalon*, *Close to the Bone*, *The Millionth Circle*, *Goddesses in Older Women*, *Crones Don't Whine*, and *Urgent Message from Mother*. Dr. Bolen is a Distinguished Life Fellow of the American Psychiatric Association and a former board member of the Ms. Foundation for Women and the International Transpersonal Association. She was a recipient of the Institute for Health and Healing's "Pioneers in Art, Science, and the Soul of Healing Award," and is a Diplomate of the American Board of Psychiatry and Neurology. She was in two acclaimed documentaries: the Academy Award-winning antinuclear film *Women—For America, For the World* and

the National Film Board of Canada Board's *Goddess Remembered*. For more information on Dr. Bolen, visit her Web site at www.jeanbolen.com.

Event Details

Lunch for the Soul

Friday, November 3, 2006

Gaylord India Restaurant (www.gaylords.com)

201 Bridgeway, Sausalito

12pm–1:30pm

\$20 for buffet lunch and lecture

California Institute of Integral Studies (CIIS) is an institution of higher education that strives to embody spirit, intellect, and wisdom in service to individuals, communities, and the earth. Accredited by the Western Association of Schools and Colleges (WASC), the Institute expands the boundaries of traditional degree programs with interdisciplinary, cross-cultural, and applied studies in psychology, philosophy, religion, cultural anthropology, transformative studies and leadership, integrative health, and the arts. For more information, visit www.ciis.edu.

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